



THE YOUNG CHILD IN FOSTER CARE: Learning Notebook

Use this template to take notes and complete the notebook assignments in the Alaska Center for Resource Families Web Based Course: **The Young Child in Foster Care: Development and Growth.** These assignments will help you on the final questionnaire for this course.

INFANTS:

NOTE FROM MY READING:

NOTEBOOK ASSIGNMENT:

Name four different kinds of toys or activities that you can use with an infant in the three month to six months period.

- | | |
|----|----|
| 1. | 2. |
| 3. | 4. |

Name four different kind of toys or activities you can use with the six months to 12 months period.

- | | |
|----|----|
| 1. | 2. |
| 3. | 4. |

TODDLERS:

NOTES FROM MY READING:

NOTEBOOK ASSIGNMENT #1:

The lists from the Infant learning Program include recommendations for times for Well Baby Check Ups. Foster parents are encouraged to follow these guidelines. What are the three ages that children should be taken in for Well Baby checkups? You may be asked this on the final questionnaire.

- 1.
- 2.
- 3.

NOTEBOOK ASSIGNMENT #2:

Name two kinds of toys or games that could help a toddler develop his gross motor skills (which means his running, jumping, skipping, and walking skills.) Write these ideas in your learning notebook. You may be asked about these on the final questionnaire.

- 1.
- 2.

PRESCHOOLERS:

NOTES FROM MY READING:

NOTEBOOK ASSIGNMENT:

Can you name three things a caregiver can do to help a child develop his language skills during the preschool years? You may be asked about these on the final questionnaire.

- 1.
- 2.
- 3.

SCHOOL AGE:

NOTES FROM MY READING:

NOTEBOOK ASSIGNMENT #1:

Name two things a caregiver can do to support grade school aged children in learning new skills or in learning to get along with others. You may be asked about these on the final questionnaire.

- 1.
- 2.

NOTEBOOK ASSIGNMENT #2:

You get a call from your teacher at school and the teacher says that your child was caught cheating in school by copying another child's test answers during a pop quiz. Your child does not do well with surprises and you suspect that she was taken by surprise. The teacher asks you to come in to talk. How can you make the meeting with the teacher at school go the best it can? Write your answers in your notebook.

HELPING CHILDREN DEVELOP AND GROW IN FOSTER CARE:

NOTES FROM MY READING:

NOTEBOOK ASSIGNMENT:

A young child benefits from structure. What kind of structure do you have in your home? Think of a regular routine that you have in your home if you care for a young child. . If don't have a young child in your home currently, imagine if you have a four year old child in your home and think of a bedtime, morning, or mealtime routine you might have). Describe it by writing it in your notebook.