

4 Ways to Take The Ansell-Casey Life Skills Assessment

- Answer each of the questions by determining whether it does or doesn't sound like how you would describe yourself. The assessment should take about 15-20 minutes. When you are finished, be sure to click the I'M FINISHED button. A copy of your results will appear. Print this out for your record. Copies will also be sent to any email addresses you have entered.



• The caregiver should also take the questionnaire, beginning from the beginning and using the same identifying information as the youth. This allows the computer to match up the caregiver's responses with the youth's.

- The computer will make a comparison of how the youth responded and how the caregiver responded. You can use this comparison as a way to start talking to the youth about preparing for self-sufficiency. Look at where your answers are mostly the same. Then look at areas at where your perceptions are different. The caseworker will also use this information to help plan services that will help the youth transition from foster care into adult independence.
- A youth can also earn \$30 for taking the assessment. Ask AFPTC for an invoice or go to the Independent Living Skills web-

site for a copy of a form to submit. For payment.

- Go to www.caseylifeskills.org
- Go to an Alaska Foster Parent Training Center office.
- Request an ACLSA form from the Alaska Foster Parent Training Center at 1-800-478-7307 and fill it out by hand.
- Call the Alaska Foster Parent Training Center at 1-800-478-7307 and request to take the assessment over the phone.

Alaska Foster Parent Training Center offices are located at:

- IN FAIRBANKS:
815 Second Avenue, #101
1-800-478-7307 or 479-7307
- IN ANCHORAGE:
840 K Street, STE 101
279-1799
- IN JUNEAU:
3032 Vintage Blvd, STE 102

The Ansell-Casey Life Skills Assessment (ACLSA)



Getting Ready...

For Independent Living

(Updated Fall 2003)



State of Alaska
Office of Children's Services
Independent Living Program

1-907-465-3209



Alaska Foster Parent Training Center
A project of Northwest Resource Associates

1-800-478-7307
In Fairbanks, 479-7307
In Anchorage, 279-1799
In Juneau, 790-4246

Helping Youth Prepare For Living On Their Own

To better prepare youth in the custody of the Office of Children's Services (OCS) to transition from foster care to self-sufficiency, OCS is asking all youth who are 14 and older and in state's custody to assess their life skills yearly. OCS is using a tool called the Ansell-Casey Life Skills Assessment (ACLSA).



The assessment is quick and easy to take and consists of an internet questionnaire about

life skills. Both a youth and his/her caregivers complete a form of the assessment. The assessment can be found at www.caseylifeskills.org. The assessment can be completed either directly on the computer or can be taken by pencil and paper.

This is not a pass or fail test! It's a tool to help youth discover their strengths and those areas that need to be worked on. It can be a valuable tool to help youth plan for being on their own. Completion of the assessment is also required before an adolescent and his family can access special needs funding that can help with preparing a youth for self-sufficiency.

The assessment should yearly for a youth 14 years of age or older (beginning Oct. 1, 2003.) The assessment can be completed in one of several ways:

- At home over the Internet
- At the Alaska Foster Parent Training Center
- By paper and pencil or
- By phone

Foster parents can earn 1.0 hour of training credit for completing the required caregiver's assessment of a foster youth 14 years or older. Be sure to contact AFPTC with proof of completion if you complete the assessment at home.

Directions For Taking The Assessment

- You will need to know the youth's PROBER number. (This is the OCS identification number given to the youth.) You can get this number from the caseworker or from AFPTC.
- Next, decide how to take the test. You and your foster youth can take it at home if you have internet or you can go the Alaska Foster Parent Training Center if you do not have access to the Internet or you can call AFPTC for either a paper test or to take the test over the phone.
- Go to www.caseylifeskills.org. Read the DIRECTIONS FOR NEW USERS. When you are ready, click on PROCEED TO ASSESSMENTS. Choose the appropriate age group. The youth should take the YOUTH VERSION and

the caregiver should take the CAREGIVER VERSION. You do not have to complete the assessment at the same time but assessments should be completed within 45 days of each other so that the answers can be compared.

- The assessment will ask for some identifying information. Please enter the following:

For YOUTH ID:

Enter the youth's PROBER ID number in the OCS system. You can get this number from your OCS social worker or from AFPTC.

For ORGANIZATION ID:

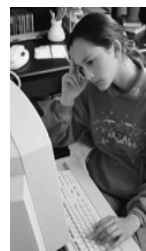
If you live in or around Anchorage, enter **AKOCSAR**

If you live in the Northern Region, enter **AKOCSNR**

If you live in the Southcentral Region, enter **AKOCSSCR**

If you live in the Southeast Region, enter **AKOCSSER**

Enter your own email or the email of your social worker as the place to have the Score Report sent. **Send a copy to the OCS Independent Living Coordinator at ACLSA@health.state.ak.us. by entering this email in one of the spaces below.** Enter the email addresses of anyone you want sent a copy such as the Guardian ad Litem. Make sure your social worker gets a copy!



You are ready to take the assessment!