

Understanding Trauma's Effect (Web Audio)**1.0 hour**

From the Trauma Informed Caregiving for Resource Families, Session 1

NAME: _____ PHONE NO.: _____

Only one person per questionnaire. Feel free to make additional copies if needed.

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Yes! I would like to receive ACRF's upcoming training and the quarterly newsletter by email.**No I would not like to receive email from ACRF.**

Are you a foster parent? YES If YES, what is your Foster Home License #: _____

If NO, please check one: Pending Foster Parent OCS Birth Parent Adoptive Parent

Other (*please specify*): _____**CHECK YOUR UNDERSTANDING**

Check or fill in the appropriate answer to the following questions. First try to answer from your understanding of the material before referring back to the course. These questions address information specifically stated in the program.

1. The teleconference talked about four different types of trauma. What type of trauma would best described a situation where a child is in a car accident or being bit by a dog”

Complex

Acute

Chronic

Neglect

2. What type of trauma would most accurately described a situation where a child sees a parent get hurt in a domestic violence situation and sees the other parent taken away by the police and this is an experience that happens often at his home”

Complex

Acute

Chronic

Neglect

CHECK YOUR UNDERSTANDING
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3. What type of trauma would most accurately described a situation where a child is a victim of physical abuse by his mother and this is a frequent occurrence when his misbehaves?

Complex
Acute
Chronic
Neglect

4. We can help a child build resilience if we help him feel _____, capable, and

_____. FILL IN THE BLANKS.

5. A child's brain grows and gets wired from the bottom up and is shaped by the experiences he has.

True
False

6. Which of the following were discussed as the three ways that children generally tend to respond to Trauma?

Hyperarousal, re-experiencing, avoidance/withdrawal
Upstairs brain, downstairs brain and mid-brain
Fighting, fleeing or freezing
Chronic, Neglect and Acute

COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;

"Understanding Trauma's Effects" - Webcast?

Excellent

Good

Fair

Poor

What did you like best about this course?

Media presentation

Written information

Links to other sites

Printable Lesson Pages

Other:

Have you ever taken an on- line course before?

Yes

No

Would you be inclined to take another online course?

Yes

No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes

No

If yes, what difficulties did you have?

Got lost while navigating the site

Couldn't open up links

Couldn't open up media from other sites

Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use?

No

Yes (Please explain below)

Thank you for your response!

FOR SCORING AND CREDIT OF 1 HOUR, PLEASE PRINT THIS AFTER COMPLETION
AND MAIL IT TO:

Alaska Center for Resource Families

815 Second Avenue, Suite 101

Fairbanks, Alaska 99701

OR

Fax to: 907-479-9666

OR

FOR SUBMISSION BY EMAIL, CLICK THE SUBMIT BUTTON BELOW
(If you are not using web-based email, this should open your email program then just press send.)