

BUILDING A SAFE PLACE (Web Audio)**1.0 Hour**

From the Trauma Informed Caregiving for Resource Families, Session 2

NAME: _____ PHONE NO.: _____

*Only one person per questionnaire. Feel free to make additional copies if needed.*ADDRESS: _____
Street or Post Office City State Zip +4

EMAIL: _____

Yes! I would like to receive ACRF's upcoming training and the quarterly newsletter by email.**No I would not like to receive email from ACRF.**

Are you a foster parent? YES If YES, what is your Foster Home License #: _____

If NO, please check one: Pending Foster Parent OCS Birth Parent Adoptive Parent

Other (please specify): _____

CHECK YOUR UNDERSTANDING

Check or fill in the appropriate answer to the following questions. First try to answer from your understanding of the material before referring back to the course. These questions address information specifically stated in the program.

1. What do we mean by “looking through the child’s trauma lens”?
2. Sometime a child may be in a safe place such as a good foster home but may still not feel safe where he is.

True
False
3. Name two ways that you can help a child feel safe in your home.
 - 1.
 - 2.

CHECK YOUR UNDERSTANDING

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4. When a child comes to your home, it is best that you tell him all the rules at once so he know exactly what is expected of him.

True
False

5. If a child is having a reaction to trauma and we want to help a child refocus, we should remember S.O.S. What does SOS stand for? (FILL IN THE BLANKS)

S _____

O _____

S _____

6. Which might be considered emotional hot spots for children?

Mealtimes or other situations that involve food
Bedtime, getting to sleep and being awakened in the morning
Physical boundaries such as baths or privacy
All of the Above

7. Why might bedtime be a place where children might feel re-traumatized or fearful?

COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;

"Building a Safe Place" - Web Audio?

Excellent

Good

Fair

Poor

What did you like best about this course?

Media presentation

Written information

Links to other sites

Printable Lesson Pages

Other:

Have you ever taken an on- line course before?

Yes

No

Would you be inclined to take another online course?

Yes

No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes

No

If yes, what difficulties did you have?

Got lost while navigating the site

Couldn't open up links

Couldn't open up media from other sites

Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use?

No

Yes (Please explain below)

Thank you for your response!

FOR SCORING AND CREDIT OF 1 HOUR, PLEASE PRINT THIS AFTER COMPLETION
AND MAIL IT TO:

Alaska Center for Resource Families

815 Second Avenue, Suite 101

Fairbanks, Alaska 99701

OR

Fax to: 907-479-9666

OR

FOR SUBMISSION BY EMAIL, CLICK THE SUBMIT BUTTON BELOW
(If you are not using web-based email, this should open your email program then just press send.)