

CONNECTIONS AND HEALING**1.0 hour****From the Trauma Informed Caregiving for Resource Families, Session 4 (Online Audio)****NAME:** _____ **PHONE NO.:** _____*Only one person per questionnaire. Feel free to make additional copies if needed.***ADDRESS:** _____
*Street or Post Office City State Zip +4***EMAIL:** _____**Yes! I would like to receive ACRF's upcoming training and the quarterly newsletter by email.****No I would not like to receive email from ACRF.**

Are you a foster parent? YES If YES, what is your Foster Home License #: _____

If NO, please check one: Pending Foster Parent OCS Birth Parent Adoptive Parent

Other (please specify): _____

CHECK YOUR UNDERSTANDING

Check or fill in the appropriate answer to the following questions. First try to answer from your understanding of the material before referring back to the course. These questions address information specifically stated in the program.

1. We all have a need for connection but children may have difficulty connecting to others because of their history of trauma.

True

False

2. Connections can come in many different forms for our youth. Give two examples of some of the things we can have connections to besides people

1.

2.

3. A child can have a positive relationship with their birth parents even if these birth parents have hurt them in the past

True

False

4. Children need to be able to talk about their _____. (FILL IN THE BLANK)

5. Children and youth can start to define themselves only by their trauma and see themselves as ruined or “damaged goods.”

True
False

6. When a child starts talking about trauma or hurt, it is important to ask him to stop talking because he might say something you might not know how to answer

True
False

7. Being taken away from your parents is always more painful for children than being taken away from their siblings.

True
False

8. Foster parents can be a positive connection for a child after a child has left their home.

True
False

9. “It takes two to speak the truth. One to speak and another to _____.”
(FILL IN THE BLANK)

10. Name two ways to make it safe for youth to talk about their trauma or difficult topics.

1.

2.

11. Helping a child understand or reconstruct their past is an important way to help a child recover from trauma.

True
False

COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;
"Connections and Healing" - Webcast?

Excellent

Good

Fair

Poor

What did you like best about this course?

Media presentation

Written information

Links to other sites

Printable Lesson Pages

Other:

Have you ever taken an on- line course before?

Yes

No

Would you be inclined to take another online course?

Yes

No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes

No

If yes, what difficulties did you have?

Got lost while navigating the site

Couldn't open up links

Couldn't open up media from other sites

Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use?

No

Yes (Please explain below)

Thank you for your response!

FOR SCORING AND CREDIT OF 1 HOUR, PLEASE PRINT THIS AFTER COMPLETION
AND MAIL IT TO:

Alaska Center for Resource Families

815 Second Avenue, Suite 101

Fairbanks, Alaska 99701

OR

Fax to: 907-479-9666

OR

FOR SUBMISSION BY EMAIL, CLICK THE SUBMIT BUTTON BELOW
(If you are not using web-based email, this should open your email program then just press send.)