



2015

Selected Bibliography of Adoption Resources



The Alaska Center for Resource Families is A Division of Northwest Resource Associates and is fund through a grant from the State of Alaska DHSS Office of Children's Services. ACRF provides training, support, information and resources to Alaska's resource families including licensed foster parents, adoptive parents, relative caretakers and guardians.

Alaska Center for Resource Families Regional Offices

Anchorage Regional Office

840 K Street, Suite 101
Anchorage, AK 99501
Phone: 279-1799/Fax: 279-1520
Toll Free: 1-866-478-7307
E-mail: acrpsc@nwresource.org

Northern Regional Office

815 Second Avenue, Suite 101
Fairbanks, AK 99701
Phone: 479-7307/Fax: 479-9666
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Wasilla, AK 99687
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Juneau, AK 99801
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1-800-478-7307 (Fairbanks)

1-866-478-7307 (Anchorage)

www.acrf.org

About this bibliography: This bibliography contains a selected list of information and materials related to adoption available through the Alaska Center for Resource Families Lending Library. Please note that not all resources are available in every office, but your regional Family Support Specialist can help you obtain these materials. Find your local ACRF office information in the column to the left or call one of our toll free numbers.

More Resources Available: The Alaska Center for Resource Families has many more resources to offer you and your family. You will find more resources, links and our complete lending library catalog on our website at www.acrf.org. There is also a training calendar for each region listing upcoming events related to foster and adoptive care.

A Note on Training Credits: If you are currently licensed as a foster parent, you may use many of these materials towards your foster parent training requirements. We have included in parentheses (for example, 1.5 Hours) to show how many training hours credit are given for the item listed. For more information or to locate forms needed to secure training hours, call your local office or go to our website at www.acrf.org and look under the **Resources Tab**.

Adoption Support: ACRF provides adoption information, education and support for families adopting through the foster care system or other venues. Contact your regional office and as to talk with a family Support Specialist.

WRITTEN COURSES ON ADOPTION

These are original courses related to adoption produced by the Alaska Center for Resource Families. To find more courses related to families, foster care, parenting, and special needs, go to our website at www.acrf.org and find out *Resource Catalog* under the **Resources Tab**.

ORIGINAL COURSES

Adoption and Guardianship Preparation Training for Alaska's Resource Families Self Study Workbook (6.0 Hours) *Hayes, Deborah. ACRF, 2005.*

Section One: The State of Alaska Child Protection System and Permanency through Adoption and Guardianship
Section Two: The Home Study Process
Section Three: Special Needs Children and Legal Risk Placement: Open or Closed Adoptions
Section Four: Core Issues in Adoption
Section Five: Maintaining Connections to Culture and Family
Section Six: State of Alaska Adoption and Guardianship Subsidy Program

Adoption and Guardianship through the State of Alaska Office of Children's Services CD (2.0 Training Hours) *Stadig, Gail OCS and McInnis, Aileen ACRF, 2008* This presentation looks at the nuts and bolts of adopting a child from the State of Alaska Foster Care System.

Building Families through Adoption Understanding and Parenting the Adopted Child Self Study Workbook (10.0 Hours) *Various Authors, ACRF, 2010* (Note: This course is also presented as a classroom training and is available as an online course.)

Changing Families: Understanding and Helping Children Manage Transitions Written Course (3.0 Hours) *Ursel, Brenda. ACRF, 2009.*

Creative Parenting Strategies for Traumatized Children Written Course (5.0 Hours) *Keech, Tamara & Ursel, Brenda, ACRF 2010.*

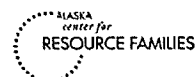
Lifestory Books Self Study Course (2.0 Hours) *Oregon Post Adoption Resource Center, 2003.*

Parenting the Adopted Adolescent Written Course (2.0 Hours) *Keech, Tamara. ACRF, 2006.*

Understanding Adoption Subsidies through the State of Alaska DVD Class (3.5 Training Hours) *Stadig, Gail OCS and McInnis, Aileen ACRF, 2012.* This DVD and accompanying handouts gives a thorough look at how adoption subsidies work in Alaska.

Talking to Your Child About Adoption DVD (1.0 Hour) *Ursel, Brenda and Tammy Keech, ACRF, 2010.*

The Alaska Center for Resource Families has many more books, DVDs, articles, and courses for foster and adoptive families. Check out our full Resource Catalog, available at <http://acrf.org/assets/publications/Catalog.pdf>



*Self-Study Course
Catalog 2014*

For Caregivers of Foster and Adoptive Children

View this catalog online:
www.acrf.org

OR CALL
Fairbanks – (907) 479-7307
Anchorage – (907) 379-1799
Other areas – 1-800-478-7307



GUIDES, MANUALS, AND BOOKLETS

Adoption: First Steps to Finalization: Building Forever Families Through Foster and Adoption Booklet
Ursel, Brenda 2010 ACRF Original Publication Guide to Adopting from the Foster Care System in Alaska

Paths to Adoption in Alaska Booklet (1.0 Hour) *Ursel, Brenda ACRF 2012* This guide provides information you need to make the best choice for you and your family and to help you get started on your adoption journey. This guide explores the four main steps of adoption and the options available on each of those paths.

Strengthen Your Forever Family: A Step by Step Guide to Post-Adoption *Dave Thomas Foundation for Adoption* A guide for setting up your post adoption support system.

Birth Parent Blessing A simple handout describing an activity that allows birth parents to support their child's transition to an adoptive home.

AUDIO COURSES ON ADOPTION

These audio courses and more can be located on at our website at www.acrf.org under the **Resource Tab**.

Trauma Informed Caregiving for Resource Families (Six 1.0 hour Sessions) *Trainers: ACRF Staff* This is a six part series directed at foster and adoptive parents to understand the effects of early trauma on children and learn skills to help children heal in the home. Topics Include:

1. Understanding Trauma's Effects
2. Building A Safe Place
3. Dealing with Feelings and Behaviors
4. Connections and Healing
5. Becoming an Advocate
6. Taking Care of Yourself

Rejecting Behaviors in Foster and Adoptive Children (1.0 hour) *Trainer: John Bennett, ACRF*

Adoption in the Schools (1.0 hour) *Trainer: Christie Reinhardt, ACRF*

Mental Health Issues in Adopted Children (1.0 hour) *Adoption Referral Webcast Series*

Attachment (1.0 hour) *Adoption Referral Webcast Series*

Race and Culture (1.0 hour) *Adoption Referral Webcast Series*

Self Care for Caregivers Raising Challenging Children (1.0 hour) *Adoption Referral Webcast Series*

Talking to Your Child About Adoption (1.0 hour) *Adoption Referral Webcast Series*

DVDs FOR ADOPTIVE PARENTS

First Steps for Strengthening Adoptive Families: Tools and Techniques for Meeting the Needs of Your Adopted Child (8.0 Hours) *Family Attachment Counseling Center. 2006.*

I Wonder: Teenagers Talk About Being Adopted (1.5 Hours) *Fahlberg, Vera. FAIR (Families Adopting in Response). 1995.*

TCU Institute of Child Development Series Trainers include Karyn Purvis and TCU ICD Staff. This series explore the effect of trauma on children and their attachments to caregivers through the lens of brain development. The series offers relationship based interventions to reach out and provide trauma informed caregiving and parenting.

The Attachment Dance (1.0 Hour)

Children From Hard Places and the Brain (1.0 Hour)

Healthy Touch (1.0 Hour)

Playful Interaction: Unlocking the Mysteries of Nurturing Human Relationship (1.0 Hour)

Empowering Connecting and Correcting Principles: Healing Children through Trust and Relationships (1.0 Hour)

Facilitating Behavior Change (1.0 Hour)

Sensory World: Making Sense of Sensory Disorders (1.0 Hour)

FOR MORE RESOURCES AND INFORMATION,

Check out our website at www.acrf.org

You will find:

Useful Links

Frequently Asked Questions on Adoption

Steps to Adoption

Information on the Adoption Learning Path

What is a Homestudy?

Paths to Adoption in Alaska

Adoption: First Steps to Finalization Guide

... and more!

INFORMATION PACKETS ON ADOPTION

An Information Packet is a collection of one to four articles on a related topic. Foster parents can earn credit by filling out the questionnaire at the back of each packet. Return the questionnaire to ACR for credit—the information packet is yours to keep for future reference. www.acrf.org

- Adopting As a Single Parent** 2015 (1.0 Hour)
- Adopting the Traumatized Child** 2002 (1.0Hour)
- Adoption in the Schools** 2006 (1.0 Hour)
- Adoption Services for Military Families** 2014 (1.0 Hour)
- Adoption: Child Readiness in the School** 2006 (1.0 Hour)
- Adoption: Grief and Loss: Stories from Families Adopting in Response Newsletter** 2005 (1.0 Hour)
- Adoption: Ready or Not** 2009 (1.0 Hour)
- Adoption: Searching for Birth Relatives** 2007 (1.0 Hour)
- Adoption: The Value of Subsidies: Helping Children Find Permanent Families** 2008 (1.0 Hour)
- Court Hearings for the Permanent Placement of Children** 2015 (1.0 Hour)
- Finding and Using Postadoption Services** 2015 (1.0 Hour)
- Foster Parent Adoption** 2015 (1.0 Hour)
- Impact of Adoption on Adopted Persons** 2013 (1.0 Hour)
- LGBT Foster and Adoptive Parents** 2013 (1.0 hour)
- Lifebooks** 1997 (1.0 Hour)
- Medical and Disclosure Issues in Adoption** 2010 (1.0 Hour)
- Military Families and Adoption** 2014 (1.0 Hour)
- Obtaining Background Information on Your Prospective Adopted Child** 2015 (1.0 Hour)
- Openness in Adoption: Building Relationships Between Adoptive and Birth Families** 2015 (1.0 Hour)
- Renegotiating Subsidies: Quick Answers to Common Questions** 2009 (1.0 Hour)
- Sibling Issues in Foster Care and Adoption** 2014 (1.0 Hour)
- Surviving Adoption Challenges** 2009 (1.0 Hour)
- Talking to Children About Adoption** 2010 (1.0 Hour)
- Tax Credits and Adoption** 2007 (1.0 Hour)
- Understanding the Home Study Process** *(Spanish Version Available)* 2004 (1.0 Hour)
- What is Foster Parenting and Adoption** *(Spanish Version Available)* 2002 (1.0 Hour)

BOOKS ABOUT ADOPTION FOR CHILDREN

As a parent, you will need to talk to your child about adoption and other challenging topics. Books offer a great way to introduce difficult topics and start conversations. These books in our library are specifically for children addressing adoption and foster care related issues.

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| A Family is a Circle of People Who Love You | Meeting my CASA |
| A Foster-Adoption Story: Angela and Michael's Journey: A Therapeutic Workbook for Traumatized Children | Moving to Another Foster Home |
| A Look at Adoption | My Adopted Child, There's No One Like You |
| A Portrait of Me | Never, Never, Never, Will She Stop Loving You |
| A Terrible Thing Happened | Our Baby: A Birth and Adoption Story |
| A Mother for Choco | Our Twitchy |
| Accidental Lily | Peter and Susie Find a Family |
| Adoption is for Always | Robbie's Trail through Adoption |
| All About Adoption: How Families are Made and How kids Feel About It | Robbie's Trail through Foster Care |
| All Alone After School | Robbie's Trail through Open Adoption |
| An American Face | Sam's Sister |
| All Kinds of Families | Tear Soup |
| Athletic Shorts: Six Short Stories | Tell Me Again About the Night I was Born |
| Beginnings: How Families Come to Be | The Boy Who Wanted a Family |
| Being Adopted | The Day We Met You |
| Being Born | The Face in the Mirror: Teenagers and Adoption |
| Brown Like Me | The Mulberry Bird: An Adoption Story |
| Families Are Different | The Ocean Within |
| Families are Forever | The Star: A Story to Help Young Children Understand Foster Care |
| Families Change: A Book for Children Experiencing Termination of Parental Rights | The Tummy Mummy |
| Finding the Right Spot | This is How We Became a Family: An Adoption Story |
| Happy Adoption Day | Twice Upon-a-Time |
| How I was Adopted | Wanting to Belong |
| I Love You Like Crazy Cakes | We are Adopted |
| I Miss my Foster Parents | Welcome Home, Forever Child: A Celebration of Children Adopted as Toddlers, Preschoolers, and Beyond |
| Little Bunnies Say Goodbye to Birth Mom | We're Different, We're the Same and We're All Wonderful! |
| Little Miss Spider | When I Met You |
| Lucy Lettuce | Zachary's New Home: A Story for Foster and Adopted Children by Geraldine |
| Lucy's Family Tree | |

BOOKS ABOUT ADOPTIVE PARENTING

Note: For foster parents needing training credit hours, each of these can earn you 1.5 Hours if a Selected Reading Sheet is filled out. Check with your local office or go to the www.acrf.org **Resources Tab** to find the Selected Reading Questionnaire needed to earn credit.

Adopting and Advocating for the Special Needs Child *Babb, L. Ann and Rita Laws. Bergin & Garvey, 1997.*

Adopting the Hurt Child: Hope for Families with Special Needs Kids *Keck, Gregory C. and Regina M. Kupecky. Pinon Press, 1995.*

Adopting the Older Child *Jewett, Claudia L. Harvard Common Press, 1978.*

Adoption and the Sexually Abused Child *McNamara, Bernard H. and Joan. Human Services Development Institute, 1990.*

Adoption Factbook III *Marshner, Connaught and William L. Pierce. National Council for Adoption, 1999.*

Adoption Parenting: Creating a Toolbox, Building Connections (Birth Through Pre-Adolescence) *Edited by: MacLeod, Jean and Macrae, Sheena. EMK Press, 2006.*

Adoptions Without Agencies: A Study of Independent Adoptions *Meezan, William, Sanford Katz, and Eva Manoff Russo. CWLA, 1978.*

Are Those Kids Yours? Children Adopted from Other Countries *Register, Cheri. Free Press, 1991.*

Attaching in Adoption: Practical Tools for Today's Parents *Gray, Deborah D. Perspectives Press, Inc., 2002.*

Beyond Consequences, Logic, and Control: A Love Based Approach to Helping Children with Severe Behaviors *Forbes, Heather T. and B. Bryan Post. Beyond Consequences Institute. 2006.*

Can This Child Be Saved? Solutions for Adoptive and Foster Families *Cline, Foster W. and Cathy Holding. World Enterprises, 1999. Selected Reading Questionnaire.*

Children Can't Wait: Reducing Delays in Out-of-Home Care *Cahn, Katharine and Paul Johnson. CWLA, 1993.*

Different and Wonderful: Raising Black Children in a Race Conscious Society *Powell-Hopson, Dr. Darlene and Dr. Derek S. Hopson. Prentice Hall Press, 1990.*

Forever Parents: Adopting Older Children *Kloppel, James and Darlene. Adele Enterprises, 1995.*

How It Feels to be Adopted *Karententz, Jill. Alfred A. Knopf, 1982.*

Inside Transracial Adoption *Steinberg, Gail and Beth Hall. Perspectives Press, 2000.*

Intercountry Adoption from China: Cultural Heritage and Other Post-Adoption Issues (1.5 Hours) *Rojewski, Jay W. and Jacy L. Bergin & Garvey, 2001.*

Making Sense of Adoption: A Parent's Guide (1.5 Hours) *Ruskai-Melina, Lois. Harper & Row, 1989.*

Nurturing Adoptions: Creating Resilience after Neglect and Trauma (5.0 Hours) *Gray, Deborah D. Perspectives Press, Inc., 2007.*

- Parenting Adopted Adolescents: Understanding and Appreciating Their Journeys** Keck, Gregory C., NavPress, 2009.
- Parenting the Hurt Child: Helping Adoptive Families Heal and Grow** Keck, Gregory C. and Regina M. Kupecky, NavPress, 2009.
- Parenting Your Adopted Child: A Complete and Loving Guide** Siegel, Stephanie E. Prentice Hall Press, 1989.
- Parenting Your Adopted Older Child: How to Overcome the Unique Challenges and Raise a Happy Healthy Child** McCreight, Brenda. New Harbinger Publications, Inc., 2002.
- Questions Adoptees are Asking...About Beginnings...About Birth Family...About Searching...About Finding** Eldridge, Sherrie, NavPress, 2009. *Selected Reading Questionnaire.*
- Raising Adopted Children: Practical Reassuring Advice for Every Adoptive Parent** Ruskai-Melina, Lois. HarperCollins Publishers, Inc. 1998.
- Raising Our Children's Children** Doucette-Dudman, Deborah. Fairview Press, 1996.
- Real Parents, Real Children: Parenting the Adopted Child** Van Gulden, Holly and Lisa Bartels-Rabb. The Crossroads Publishing Company, 1993.
- Secret Thoughts of an Adoptive Mother** Wolff, Jana. Vista Communications, 1997.
- Talking with Young Children About Adoption** Watkins, Mary. Yale University Press, 2000.
- Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past** Keefer, Betsy and Jayne E. Schooler. Bergin & Garvey, 2000.
- The Connected Child: Bring Hope and Healing to Your Adoptive Family** Purvis, Karyn B., David R. Cross and Wendy Lyons Sunshine. McGraw Hill, 2007.
- The Family of Adoption** Maguire-Pavao, Joyce. Beacon Press Books, 1998.
- The Post-Adoption Blues: Overcoming the Unforeseen Challenges of Adoption** Foli, Karen J. and John R. Thompson. Rodale, 2004.
- Thicker Than Blood: Bonds of Fantasy and Reality in Adoption** Akhtar, Salman and Selma Kramer. Jason Aronson, Inc., 2000.
- Toddler Adoption** Hopkins-Best, Mary. Perspectives Press, 1997.
- Twenty Things Adopted Kids Wish Their Adoptive Parents Knew** Eldridge, Sherrie. Dell Publishing, 1999.
- Wasn't Love Supposed to Be Enough? Biographies of a Long-Term Adoptive Parent Support Group and Services for Adoptive Families (1.5 Hours)** VanSlyck, B., E. Wristen, A. Dere-Clark, R. Mague, and R. Haggerty. Privately published, 1998.
- With Eyes Wide Open: A Workbook for Parents Adopting International Children** Miller, Margi and Nancy Ward. Children's Home Society and Family Services, 2004.

OLDER TITLES BUT STILL CLASSICS!

The following are older videos addressing adoption topics that still have great information on adoption. Available in video or DVD format. Call 1-800-478-7307 to obtain these titles.

A Family Album: Stories of Adoption (1.0 Hour) *Fern Tiger Associates and Ideas in Motion, 1992.*

A Gift of Love: Adopting the Older Child (1.0 Hour) *Edmund S. Muskie Institute of Public Affairs.*

Assessing a Family's Ability to Adopt Transracially (1.0 Hour) *Crumbley, Dr. Joseph. 1997.*

Made in China: The Story of Adopted Children from China (1.0 Hour) *Holiday Picture Ltd, 2000.*

Parenting Tasks in Transracial Adoptions (1.0 Hour) *Crumbley, Dr. Joseph. 1997.*

Perspectives on Adoption: International Adoptees Tell Their Stories (available in DVD) (1.0 Hour)
Blum, Alisa. 2002.

The Impact of Transracial Adoptions on the Adopted Child and the Adoptive Family (1.0 Hour) *Crumbley, Dr. Joseph. 1997.*

The Special Needs of Minority Children Adopted Transracially (1.0 Hour) *Crumbley, Dr. Joseph. 1997.*

WEBSITES OF INTEREST TO ADOPTIVE PARENTS

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| Alaska Center for Resource Families | www.acrf.org |
| Adoption Learning Partners | www.adoptionlearningpartners.org |
| Attachment and Bonding Center for Ohio | http://www.abcofohio.net/ |
| Child Trauma Academy | http://www.childtraumaacademy.com/ |
| North American Council on Adoptable Children | http://www.nacac.org/ |
| Adoptive Families | https://www.adoptivefamilies.com/ |
| Robbie Rabbit Books and Resources | http://www.robbietherabbit.com/ |
| Tapestry Books (Adoption Books and Resources) | http://www.tapestrybooks.com/ |
| Iowa Foster and Adoptive Parents Association | http://www.ifapa.org/ |
| Adopt US Kids | http://adoptuskids.org/ |

