2015

Selected Bibliography of Adoption Resources

The Alaska Center for Resource Families is a division of Northwest Resource Associates and is funded through a grant from the State of Alaska DHSS Office of Children's Services. ACRF provides training, support, information and resources to Alaska's resource families including licensed foster parents, adoptive parents, relative caretakers and guardians.
Alaska Center for Resource Families Regional Offices

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www.acrf.org

About this bibliography: This bibliography contains a selected list of information and materials related to adoption available through the Alaska Center for Resource Families Lending Library. Please note that not all resources are available in every office, but your regional Family Support Specialist can help you obtain these materials. Find your local ACRF office information in the column to the left or call one of our toll free numbers.

More Resources Available: The Alaska Center for Resource Families has many more resources to offer you and your family. You will find more resources, links and our complete lending library catalog on our website at www.acrf.org. There is also a training calendar for each region listing upcoming events related to foster and adoptive care.

A Note on Training Credits: If you are currently licensed as a foster parent, you may use many of these materials towards your foster parent training requirements. We have included in parentheses (for example, 1.5 Hours) to show how many training hours credit are given for the item listed. For more information or to locate forms needed to secure training hours, call your local office or go to our website at www.acrf.org and look under the Resources Tab.

Adoption Support: ACRF provides adoption information, education and support for families adopting through the foster care system or other venues. Contact your regional office and as to talk with a family Support Specialist.
WRITTEN COURSES ON ADOPTION

These are original courses related to adoption produced by the Alaska Center for Resource Families. To find more courses related to families, foster care, parenting, and special needs, go to our website at www.acrf.org and find out Resource Catalog under the Resources Tab.

ORIGINAL COURSES

Adoption and Guardianship Preparation Training for Alaska's Resource Families Self Study Workbook
(6.0 Hours) Hayes, Deborah. ACRF, 2005.
Section One: The State of Alaska Child Protection System and Permanency through Adoption and Guardianship
Section Two: The Home Study Process
Section Three: Special Needs Children and Legal Risk Placement: Open or Closed Adoptions
Section Four: Core Issues in Adoption
Section Five: Maintaining Connections to Culture and Family
Section Six: State of Alaska Adoption and Guardianship Subsidy Program

Adoption and Guardianship through the State of Alaska Office of Children’s Services CD (2.0 Training Hours) Stadig, Gail OCS and McInnis, Aileen ACRF, 2008 This presentation looks at the nuts and bolts of adopting a child from the State of Alaska Foster Care System.

Building Families through Adoption Understanding and Parenting the Adopted Child Self Study Workbook (10.0 Hours) Various Authors, ACRF, 2010 (Note: This course is also presented as a classroom training and is available as an online course.)


Creative Parenting Strategies for Traumatized Children Written Course (5.0 Hours) Keech, Tamara & Ursel, Brenda, ACRF 2010.

Lifestory Books Self Study Course (2.0 Hours) Oregon Post Adoption Resource Center, 2003.

Parenting the Adopted Adolescent Written Course (2.0 Hours) Keech, Tamara. ACRF, 2006.

Understanding Adoption Subsidies through the State of Alaska DVD Class (3.5 Training Hours) Stadig, Gail OCS and McInnis, Aileen ACRF, 2012. This DVD and accompanying handouts gives a thorough look at how adoption subsidies work in Alaska.

Talking to Your Child About Adoption DVD (1.0 Hour) Ursel, Brenda and Tammy Keech, ACRF, 2010.

The Alaska Center for Resource Families has many more books, DVDs, articles, and courses for foster and adoptive families. Check our full Resource Catalog, available at http://acrf.org/assets/publications/Catalog.pdf
GUIDES, MANUALS, AND BOOKLETS

Adoption: First Steps to Finalization: Building Forever Families Through Foster and Adoption Booklet Ursel, Brenda 2010 ACRF Original Publication Guide to Adopting from the Foster Care System in Alaska

Paths to Adoption in Alaska Booklet (1.0 Hour) Ursel, Brenda ACRF 2012 This guide provides information you need to make the best choice for you and your family and to help you get started on your adoption journey. This guide explores the four main steps of adoption and the options available on each of those paths.

Strengthen Your Forever Family: A Step by Step Guide to Post-Adoption Dave Thomas Foundation for Adoption A guide for setting up your post adoption support system.

Birth Parent Blessing A simple handout describing an activity that allows birth parents to support their child’s transition to an adoptive home.

AUDIO COURSES ON ADOPTION

These audio courses and more can be located on at our website at www.acrf.org under the Resource Tab.

Trauma Informed Caregiving for Resource Families (Six 1.0 hour Sessions) Trainers: ACRF Staff This is a six part series directed at foster and adoptive parents to understand the effects of early trauma on children and learn skills to help children heal in the home. Topics Include:
1. Understanding Trauma’s Effects 4. Connections and Healing
2. Building A Safe Place 5. Becoming an Advocate
3. Dealing with Feelings and Behaviors 6. Taking Care of Yourself

Rejecting Behaviors in Foster and Adoptive Children (1.0 hour) Trainer: John Bennett, ACRF

Adoption in the Schools (1.0 hour) Trainer: Christie Reinhardt, ACRF

Mental Health Issues in Adopted Children (1.0 hour) Adoption Referral Webcast Series

Attachment (1.0 hour) Adoption Referral Webcast Series

Race and Culture (1.0 hour) Adoption Referral Webcast Series

Self Care for Caregivers Raising Challenging Children (1.0 hour) Adoption Referral Webcast Series

Talking to Your Child About Adoption (1.0 hour) Adoption Referral Webcast Series
DVDs FOR ADOPTIVE PARENTS


I Wonder: Teenagers Talk About Being Adopted (1.5 Hours) Fahlberg, Vera. FAIR (Families Adopting in Response). 1995.

TCU Institute of Child Development Series Trainers include Karyn Purvis and TCU ICD Staff. This series explore the effect of trauma on children and their attachments to caregivers through the lens of brain development. The series offers relationship based interventions to reach out and provide trauma informed caregiving and parenting.

The Attachment Dance (1.0 Hour)
Children From Hard Places and the Brain (1.0 Hour)
Healthy Touch (1.0 Hour)
Playful Interaction: Unlocking the Mysteries of Nurturing Human Relationship (1.0 Hour)
Empowering Connecting and Correcting Principles: Healing Children through Trust and Relationships (1.0 Hour)
Facilitating Behavior Change (1.0 Hour)
Sensory World: Making Sense of Sensory Disorders (1.0 Hour)

FOR MORE RESOURCES AND INFORMATION,

Check out our website at www.acrf.org

You will find:

Useful Links
Frequently Asked Questions on Adoption
Steps to Adoption
Information on the Adoption Learning Path
What is a Homestudy?
Paths to Adoption in Alaska
Adoption: First Steps to Finalization Guide

... and more!
INFORMATION PACKETS ON ADOPTION

An Information Packet is a collection of one to four articles on a related topic. Foster parents can earn credit by filling out the questionnaire at the back of each packet. Return the questionnaire to ACR for credit—the information packet is yours to keep for future reference. www.acr.org

Adopting As a Single Parent 2015 (1.0 Hour)
Adopting the Traumatized Child 2002 (1.0 Hour)
Adoption in the Schools 2006 (1.0 Hour)
Adoption Services for Military Families 2014 (1.0 Hour)
Adoption: Child Readiness in the School 2006 (1.0 Hour)
Adoption: Grief and Loss: Stories from Families Adopting in Response Newsletter 2005 (1.0 Hour)
Adoption: Ready or Not 2009 (1.0 Hour)
Adoption: Searching for Birth Relatives 2007 (1.0 Hour)
Adoption: The Value of Subsidies: Helping Children Find Permanent Families 2008 (1.0 Hour)
Court Hearings for the Permanent Placement of Children 2015 (1.0 Hour)
Finding and Using Postadoption Services 2015 (1.0 Hour)
Foster Parent Adoption 2015 (1.0 Hour)
Impact of Adoption on Adopted Persons 2013 (1.0 Hour)
LGBT Foster and Adoptive Parents 2013 (1.0 hour)
Lifebooks 1997 (1.0 Hour)
Medical and Disclosure Issues in Adoption 2010 (1.0 Hour)
Military Families and Adoption 2014 (1.0 Hour)
Obtaining Background Information on Your Prospective Adopted Child 2015 (1.0 Hour)
Openness in Adoption: Building Relationships Between Adoptive and Birth Families 2015 (1.0 Hour)
Renegotiating Subsidies: Quick Answers to Common Questions 2009 (1.0 Hour)
Sibling Issues in Foster Care and Adoption 2014 (1.0 Hour)
Surviving Adoption Challenges 2009 (1.0 Hour)
Talking to Children About Adoption 2010 (1.0 Hour)
Tax Credits and Adoption 2007 (1.0 Hour)
Understanding the Home Study Process (Spanish Version Available) 2004 (1.0 Hour)
What is Foster Parenting and Adoption (Spanish Version Available) 2002 (1.0 Hour)
BOOKS ABOUT ADOPTION FOR CHILDREN

As a parent, you will need to talk to your child about adoption and other challenging topics. Books offer a great way to introduce difficult topics and start conversations. These books in our library are specifically for children addressing adoption and foster care related issues.

A Family is a Circle of People Who Love You
A Foster-Adoption Story: Angela and Michael's Journey: A Therapeutic Workbook for Traumatized Children
A Look at Adoption
A Portrait of Me
A Terrible Thing Happened
A Mother for Choco
Accidental Lily
Adoption is for Always
All About Adoption: How Families are Made and How kids Feel About It
All Alone After School
An American Face
All Kinds of Families
Athletic Shorts: Six Short Stories
Beginnings: How Families Come to Be
Being Adopted
Being Born
Brown Like Me
Families Are Different
Families are Forever
Families Change: A Book for Children Experiencing Termination of Parental Rights
Finding the Right Spot
Happy Adoption Day
How I was Adopted
I Love You Like Crazy Cakes
I Miss my Foster Parents
Little Bunnies Say Goodbye to Birth Mom
Little Miss Spider
Lucy Lettuce
Lucy's Family Tree
Meeting my CASA
Moving to Another Foster Home
My Adopted Child, There's No One Like You
Never, Never, Never, Will She Stop Loving You
Our Baby: A Birth and Adoption Story
Our Twitchy
Peter and Susie Find a Family
Robbie's Trail through Adoption
Robbie's Trail through Foster Care
Robbie's Trail through Open Adoption
Sam's Sister
Tear Soup
Tell Me Again About the Night I was Born
The Boy Who Wanted a Family
The Day We Met You
The Face in the Mirror: Teenagers and Adoption
The Mulberry Bird: An Adoption Story
The Ocean Within
The Star: A Story to Help Young Children Understand Foster Care
The Tummy Mummy
This is How We Became a Family: An Adoption Story
Twice Upon-a-Time
Wanting to Belong
We are Adopted
Welcome Home, Forever Child: A Celebration of Children Adopted as Toddlers, Preschoolers, and Beyond
We're Different, We're the Same and We're All Wonderful!
When I Met You
Zachary's New Home: A Story for Foster and Adopted Children by Geraldine
BOOKS ABOUT ADOPTIVE PARENTING

Note: For foster parents needing training credit hours, each of these can earn you 1.5 Hours if a Selected Reading Sheet is filled out. Check with your local office or go to the www.acrf.org Resources Tab to find the Selected Reading Questionnaire needed to earn credit.


Adoption and the Sexually Abused Child McNamara, Bernard H. and Joan. Human Services Development Institute, 1990.


How It Feels to be Adopted  Karementz, Jill. Alfred A. Knopf, 1982.

Inside Transracial Adoption  Steinberg, Gail and Beth Hall. Perspectives Press, 2000.

Intercountry Adoption from China: Cultural Heritage and Other Post-Adoption Issues (1.5 Hours)  Rojewski, Jay W. and Jacy L. Bergin & Garvey, 2001.


Questions Adoptees are Asking...About Beginnings...About Birth Family...About Searching...About Finding Eldridge, Sherrie, NavPress, 2009. Selected Reading Questionnaire.


OLDER TITLES BUT STILL CLASSICS!

The following are older videos addressing adoption topics that still have great information on adoption. Available in video or DVD format. Call 1-800-478-7307 to obtain these titles.

A Family Album: Stories of Adoption (1.0 Hour) Fern Tiger Associates and Ideas in Motion, 1992.

A Gift of Love: Adopting the Older Child (1.0 Hour) Edmund S. Muskie Institute of Public Affairs.

Assessing a Family’s Ability to Adopt Transracially (1.0 Hour) Crumbley, Dr. Joseph. 1997.


Parenting Tasks in Transracial Adoptions (1.0 Hour) Crumbley, Dr. Joseph. 1997.

Perspectives on Adoption: International Adoptees Tell Their Stories (available in DVD) (1.0 Hour) Blum, Alisa. 2002.

The Impact of Transracial Adoptions on the Adopted Child and the Adoptive Family (1.0 Hour) Crumbley, Dr. Joseph. 1997.

The Special Needs of Minority Children Adopted Transracially (1.0 Hour) Crumbley, Dr. Joseph. 1997.

WEBSITES OF INTEREST TO ADOPTIVE PARENTS

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<td>Alaska Center for Resource Families</td>
<td><a href="http://www.acrf.org">www.acrf.org</a></td>
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<td>Adoption Learning Partners</td>
<td><a href="http://www.adoptionlearningpartners.org">www.adoptionlearningpartners.org</a></td>
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<td>Attachment and Bonding Center for Ohio</td>
<td><a href="http://www.abcofohio.net/">http://www.abcofohio.net/</a></td>
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<td>Child Trauma Academy</td>
<td><a href="http://www.childtraumaacademy.com/">http://www.childtraumaacademy.com/</a></td>
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<td>North American Council on Adoptable Children</td>
<td><a href="http://www.nacac.org/">http://www.nacac.org/</a></td>
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<td>Adoptive Families</td>
<td><a href="https://www.adoptivefamilies.com">https://www.adoptivefamilies.com</a> /</td>
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<td>Robbie Rabbit Books and Resources</td>
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<td>Tapestry Books (Adoption Books and Resources)</td>
<td><a href="http://www.tapestrybooks.com">http://www.tapestrybooks.com</a> /</td>
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<td>Iowa Foster and Adoptive Parents Association</td>
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