

Adverse Childhood Experiences Study: Part 1 The ACES Study

1.0 hour

NAME: _____ PHONE NO.: _____

Only one person per questionnaire. Feel free to make additional copies if needed.

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Yes! I would like to receive ACRF's upcoming training and the quarterly newsletter by email.**No I would not like to receive email from ACRF.**

Are you a foster parent? YES If YES, what is your Foster Home License #: _____

If NO, please check one: Pending Foster Parent OCS Birth Parent Adoptive Parent

Other (*please specify*): _____**CHECK YOUR UNDERSTANDING**

Check or fill in the appropriate answer to the following questions. First try to answer from your understanding of the material before referring back to the course. These questions address information specifically stated in the program.

1. The ACES study started out as an investigation into which of the following?

Smoking
 Early Onset Heart Disease
 Chronic Pulmonary Disease
 Obesity and Depression

2. The ACES study is showing that early childhood trauma can affect us over the lifespan and affects both mental health and physical health in adulthood.

True
 False

3. Which of the following government organization were involved and funded the ACES study?

Federal Bureau of Investigations
 Department of Health and Human Services
 The Centers for Disease Control
 Department of Veterans Affairs

4. ACES stands for which of the following?

Advanced Children's Education Study
Adverse Childhood Experiences Study
Alaska Children's Education Study
Alaska Community Exploration Study

5. Early trauma or adverse experiences can affect the mind- body connection and can cause behaviors that seem manipulative on the outside but may be rooted in a survival skill.

True
False

6. Babies are designed to be able to care for themselves so they don't have to be dependent on others in order to survive.

True
False

7. The brain develops at an extremely rapid pace during infancy, and goes through a branching and arborization period in grade school and then goes through a natural pruning process in the teens.

True
False

8. Children who had to fend for themselves or do not have a consistent, component caregiver can develop a set point and brain makeup that tells them that not to trust and the take care of themselves.

True
False

9. The ACES study began in 2005 and completed in early 2012.

True
False

10. According to the speaker, what is one of the biggest protective factors for children who are vulnerable to childhood trauma?

Preschool
A caring adult
Nutrition
Counseling and behavior management

COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;
"ACES Study" - Webcast?

Excellent

Good

Fair

Poor

What did you like best about this course?

Media presentation

Written information

Links to other sites

Printable Lesson Pages

Other:

Have you ever taken an on- line course before?

Yes

No

Would you be inclined to take another online course?

Yes

No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes

No

If yes, what difficulties did you have?

Got lost while navigating the site

Couldn't open up links

Couldn't open up media from other sites

Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use?

No

Yes (Please explain below)

Thank you for your response!

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AND MAIL IT TO:

Alaska Center for Resource Families

815 Second Avenue, Suite 101

Fairbanks, Alaska 99701

OR

Fax to: 907-479-9666

OR

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