

Adverse Childhood Experiences Study: Part 2: The ACES Questionnaire of Experiences**1.0 hour****NAME:** _____ **PHONE NO.:** _____*Only one person per questionnaire. Feel free to make additional copies if needed.***ADDRESS:** _____
Street or Post Office *City* *State* *Zip* *+4***EMAIL:** _____**Yes! I would like to receive ACRF's upcoming training and the quarterly newsletter by email.****No I would not like to receive email from ACRF.**

Are you a foster parent? YES If YES, what is your Foster Home License #: _____

If NO, please check one: Pending Foster Parent OCS Birth Parent Adoptive Parent

Other (please specify): _____

CHECK YOUR UNDERSTANDING*Check or fill in the appropriate answer to the following questions. These questions address information specifically stated in the program.*

1. The phrase that speaker Betsy Woodin used in the teleconference training to describe the development of the brain from infancy to the more adult brain is which of the following? (CHOOSE ONE)

Simplest to Most Complex
Cradle to Grave
Lizard Brain to Wizard Brain
Stem to Frontal Cortex

2. A boy who experience severe neglect in the early years of infancy can be impacted in his sound processing ability. This might look like behavior problems later in life, even though it may be more related to his brain function.

True
False

3. If you have the traumatic experience early in life such as adverse experiences, there is a set point that your brain sets at that early experience and makes it harder to change that set point.

True
False

4. Having some trusted adult who takes an interest in a child and helps him or her is a major protective factor to help children with resiliency.

True

False

5. Collective impact over time means that the more we do in this generation by helping young people recover from trauma, the better we will be able to impact future generations.

True

False

6. The ACES questionnaire has ten questions that ask about events, not the severity or frequency of those events. So a domestic violence event that just happens once is scored the same way as an event that happened ten times.

True

False

7. The ACEs study show a direct relationship between the higher the dose of toxic stress in childhood (the more ACEs or a higher ACE number), the higher the incidents of health issues in adulthood. This is called a: (CHOOSE ONE)

Reactive study results

Public health strategy

Logistics

Dose response

8. Speaker Betsy Woodin gave a list of all the Adverse Childhood Experiences that were part of the study. Name or describe two of them. (FILL IN THE BLANKS)

a.

b.

COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;
"ACEs Part 2: The ACES Questionnaire of Experiences" - Webcast?

Excellent

Good

Fair

Poor

What did you like best about this course?

Media presentation

Written information

Links to other sites

Printable Lesson Pages

Other:

Have you ever taken an on- line course before?

Yes

No

Would you be inclined to take another online course?

Yes

No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes

No

If yes, what difficulties did you have?

Got lost while navigating the site

Couldn't open up links

Couldn't open up media from other sites

Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use?

No

Yes (Please explain below)

Thank you for your response!

FOR SCORING AND CREDIT OF 1 HOUR, PLEASE PRINT THIS AFTER COMPLETION
AND MAIL IT TO:

Alaska Center for Resource Families

815 Second Avenue, Suite 101

Fairbanks, Alaska 99701

OR

Fax to: 907-479-9666

OR

FOR SUBMISSION BY EMAIL, CLICK THE SUBMIT BUTTON BELOW
(If you are not using web-based email, this should open your email program then just press send.)