

CONNECTING WHILE CORRECTING TELECONFERENCE SERIES

1.0 hour

Session 2: Empowering and Connecting Principles

NAME: _____ **PHONE NO.:** _____

Only one person per questionnaire. Feel free to make additional copies if needed.

ADDRESS: _____
Street or Post Office City State Zip +4

EMAIL: _____

Yes! I would like to receive ACRF's upcoming training and the quarterly newsletter by email.

No I would not like to receive email from ACRF.

Are you a foster parent? YES If YES, what is your Foster Home License #: _____

If NO, please check one: Pending Foster Parent OCS Birth Parent Adoptive Parent

Other (please specify): _____

CHECK YOUR UNDERSTANDING

Check or fill in the appropriate answer to the following questions. First try to answer from your understanding of the material before referring back to the course. These questions address information specifically stated in the program.

1. Children can be triggered by fear even when they are in a safe home.

- True
- False

2. _____ safety is when adults adjust their actions and arrange their environment so children can feel a profound and true sense of safety. (FILL IN THE BLANK)

3. Speaker Brenda Ursel talked about the Empowering Principles of C.A.L.M. What do each of these letters stand for? (FILL IN THE BLANKS)

C _____ and give voice to the child

A _____ to the need

L _____ beyond the behavior to the need

M _____ their brain.

CHECK YOUR UNDERSTANDING

Connecting While Correcting, Part 2

4. Dehydration or not drinking enough water can affect a child's behavior.

True

False

5. At least how often should a child with a traumatic history or history of acting out have exercise, activity or movement?

Every fifteen minutes

Every half hour

Every hour

Every two hours

6. What is meant by a "Saturday of Yeses"?

Set aside a Saturday and let the child choose what he wants to do for fun on that day

Take a Saturday and say yes to a child as much as you can to build up a trust bank between you

Say "yes" to yourself on a Saturday and schedule a self care day

All of the Above

7. Our children are hurt and scared but it often comes out as being angry.

True

False

8. Keeping children in from recess is a good way to punish a child whose behaviors are out of control.

True

False

COURSE EVALUATION QUESTIONS

How would you rate the presentation of the information of the course;

"Connecting While Correcting: Empowering and Connecting Principles" - Webcast?

Excellent

Good

Fair

Poor

What did you like best about this course?

Media presentation

Written information

Links to other sites

Printable Lesson Pages

Other:

Have you ever taken an on- line course before?

Yes

No

Would you be inclined to take another online course?

Yes

No

Did you have any difficulty with opening up pages, loading the media segments or navigating the site?

Yes

No

If yes, what difficulties did you have?

Got lost while navigating the site

Couldn't open up links

Couldn't open up media from other sites

Other: (Please explain below)

Do you have any suggestions of how to make this web based course better or easier to use?

No

Yes (Please explain below)

Thank you for your response!

FOR SCORING AND CREDIT OF 1 HOUR, PLEASE PRINT THIS AFTER COMPLETION
AND MAIL IT TO:

Alaska Center for Resource Families

815 Second Avenue, Suite 101

Fairbanks, Alaska 99701

OR

Fax to: 907-479-9666

OR

FOR SUBMISSION BY EMAIL, CLICK THE SUBMIT BUTTON BELOW
(If you are not using web-based email, this should open your email program then just press send.)