REFRAME THE BEHAVIOUR

“KIDS DO WELL IF THEY CAN”
- Ross Greene

WON’T → CAN’T

- Judgemental
- Willful
- Defiant

Adult’s Mindset
- Curious
- Too many stressors
- Skills deficits

View of Child
- Rewards & punishments
- Find & remove barriers

Thoughts
- Find & remove barriers
- Supported
- Strengthened

Response
- Frustration
- Guilt/shame
- What’s getting in their way? How can I help?

Child’s Experience

“SEE A CHILD DIFFERENTLY, YOU SEE A DIFFERENT CHILD”
- Dr. Stuart Shanker

When kids exhibit challenging behaviour we can be “STRESS DETECTIVES”... finding and removing barriers.
- Find stressors → reduce them
- Find unmet needs → meet them
- Find skills deficits → teach them