Trauma Informed Care Workshop Series in Mat Su

Sponsored by the Alaska Center for Resource Families
Held in the North Bowl Conference Room on the Palmer-Wasilla Highway.

For more information or to pre-register, contact ACRF at 376-4678 or email bwoodin@nwresource.org.

About this series: This workshop series is intended for resource families (including foster, relative and adoptive families) as well as agency and tribal staff, and the general community. There is no charge for this event and lunch will be provided for pre-registrants. Resource parents can receive up to 7 hours of training for participation in each workshop.

All workshops are held from 9 a.m. to 4 p.m. in the North Bowl Conference Room on the Palmer-Wasilla Highway. Contact ACRF at 376-4678 for directions.

Saturday, January 17, 2015. “Understanding Trauma”
Trauma 101, Historical and Intergenerational Trauma Trainers: Betsy Woodin, ACRF; Penny Westing from Chickaloon Traditional Village Council; Gwen Emel, Cook Inlet Tribal Council; Geraldine Nicholi, Knik Tribal Council; & Paul Pike, Qalipu Mi’kmaq First Nation.

Saturday, February 21, 2015. “What’s Underneath the Behavior”
Understanding Trauma’s Effect on Young Children and Skills to Address Behaviors 0 to 5 Trainers: Alicia Deaver, Director of Consultation with thread, Alaska’s Child Care Resource and Referral Agency & Helen Strothers, Clinician at the Child Trauma Center at Anchorage Community Mental Health Services

Saturday, April 11, 2015. “Connecting Before Correcting”
Working with High Risk and Traumatized Children in Family Relationships with a School Aged Focus Trainers: Brenda Ursel, Adoption Support Specialist, & Olivia Shears, Family Support Specialist with the Alaska Center for Resource Families

Saturday, May 9, 2015. “Special Issues when Working with Teens”
Working with Boys, Special Issues of Teen Girls, and Dealing with Bullying Trainers: Therapists Brad Hold & Lori Houston, LCSW and Staff from STAR

This series is supported by a grant from the Mat-Su Health Foundation.