

RESOURCE BOOK



*Resource Parent Directory
August 2010*

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Office of Children's Services

AS OF February 17, 2010

IN JUNEAU:

GOVERNOR OF THE STATE OF ALASKA: Sean Parnell

COMMISSIONER OF DEPARTMENT OF HEALTH & SOCIAL SERVICES:

Bill Hogan

DEPUTY COMMISSIONER OF OFFICE OF CHILDREN'S SERVICES:

Tammy Sandoval

OCS RESOURCE FAMILY RECRUITMENT & RETENTION COORDINATOR:

Izabel Bowers

ANCHORAGE REGIONAL OFFICE

RECEPTION DESK: 269-4000

CHILDREN'S SERVICES MANAGER: Travis Erickson (269-3903)

Travis_Erickson@health.state.ak.us

STAFF MANAGERS

Sara Childress supervises TDM facilitators, Psychiatric nurse, admin reviewers, In home support unit, Liaison Alaska Native Family Preservation Unit.

(269-3908) Sara.childress@alaska.gov

Phil Kaufman supervises Family Services and Adoption

(269-3932) Philip.Kaufman@alaska.gov

Tarrin Reed: Supervises Initial Assessments, Intake and Apsin.

(269-4071)

Tarrin.Reed@alaska.gov

Susan Frisby: Statewide Licensing Supervisor

Phone: 907-352-8910 Fax: 907-357-9763 in Wasilla

Phone: 907-269-3966 Fax: 907-269-3902 in Anchorage

LICENSING UNIT SUPERVISORS:

Tandra Donahue, (269-3911) Tandra.Donahue@alaska.gov

Kimberly Ford, (269-3915) Kimberly.Ford@alaska.gov

WHAT IF YOU NEED SOMETHING? WHO DO YOU CALL?

Contact the following resources in the order given:

FOR SOMETHING REGARDING THE CHILD:

1. Contact the Child's Caseworker. (PHONE, FAX, E-Mail or VISIT)
2. Contact the Social Services Associates for the Unit.
3. Contact the Unit Coordinator (U.C.) for the day by contacting the OCS Reception Desk (269-4000) and explaining what you need.
4. Contact the Caseworkers Supervisor.
5. Contact the Staff Manager Who Supervises the Supervisor of the Unit.

IN EMERGENCIES ON THE WEEKEND:

1. Contact the on call-worker at OCS. (269-4000)
2. Call the Emergency Services Unit of Anchorage Community Mental Health 563-3200 in case of mental health emergency.
3. Providence Psychiatric ER: 212-2800 or 563- 3200
4. Call the Police in case of serious disturbance, harm or illegal activity. 786-8500

FOR QUESTIONS ABOUT REGULATIONS OR LICENSING REQUIREMENTS:

1. Call your Licensing Worker.
2. Call the Licensing Supervisor.
3. Call the Statewide Licensing Supervisor

FOR QUESTIONS ABOUT MEDICAID PAYMENT:

1. Call the Social Service Associates for the Unit.
2. Call and ask for the Administrative Clerk Who Assists with Public Assistance or with Medicaid Problems.

FOR QUESTIONS REGARDING PAYMENT

1. Call the Child's Caseworker
2. Call your Licensing Worker
3. Call Provider Payments in Juneau at 1-877-465-2215

FOR INFORMATION, TRAINING OR RECORD OF TRAINING HOURS:

1. Contact the Alaska Center for Resource Families in Anchorage at 279-1799.

FOR INFORMATION ABOUT ADOPTION

1. Call the Alaska Center for Resource Families at 279-1799
2. Call Gail Stadig, Regional Adoption Specialist at 269-4069
3. Call Laura Rust, Adoption Recruiter for Wendy's Wonderful Kids at 269-4038

FOSTER PARENT RESOURCES

Places to Get More Information

GENERAL SUPPORT AND INFORMATION

Alaska Center for Resource Families, 840 K Street, STE 101. 279-1799
www.acrf.org

A statewide training and retention resource for resource parents providing information about foster care, child abuse and neglect, parenting difficult children, adoption and more. Assists parents in meeting training requirements, provides professional support, and tracks training hours. Supports foster parents, adoptive parents, guardians of children placed by the state, internationally, tribally, or through kinship care. Services include case management, information and referrals for community resources. There is also a library with books, DVD's, self studies and information packets. Sponsors on-site training sessions and has information about support groups. www.acrf.org

Foster Parent Support Groups, 279-1799. The Alaska Center for Resource Families keeps a current list of support groups in town. Call for information.

Healthy Alaskans Information Line 1-800-478-2221

General information and referral for a wide variety of health, medical, governmental and social services information for the entire state.

Adoptive Parents Embracing Sanity (APES) 243-6561 The support group has disband but the parents are still willing to be a mentor to parents needing support.

Campfire before and after School Care. Foster parents when you fill out the form for the program please under the "grantor" section put OCS not your name.

Websites

www.acrf.org

<http://alaskafamily.org>

www.fosterparents.com

www.FosterCareAgency.org

ABUSE, NEGLECT AND PARENTING INFORMATION:

Alaska CARES 561-8301

Sexual and Physical Child Abuse and Response Evaluation Service. Place where children are taken for initial physical examination for sexual abuse examination and interview.

Programs for Infants and Children, 3330 Artic Blvd. Suite 101, 99503, 561-8060

A program that works with children, birth to 3 years of age who have developmental lags, visits take place in the child’s home.

STAR (Standing Together Against Rape) 1057 W. Fireweed 276-7273, 1-800-478-8999

Provide information and services regarding sexual abuse and assault. Good source of information about child sexual abuse and prevention education with all ages of children.

Salvation Army Cares for Kids

3600 East 20th Avenue 276-8511

Provides 24 hours crisis care for children from birth to 12 years old.

ACTIVITIES

Alaska Center for Resource Families – has passes available for check out to the Sea life Center and The Alaska Native Heritage Center.	279-1799 866-478-7307
Yupik Dance Aerobics: Friday’s 5:15-6:15 pm., Health Education & Wellness Center 4201 Tudor Centre Dr. 2 nd floor	729-2689
SEE ALSO COMMUNITY RECREATION SERVICES & CENTERS	

COMMUNITY RECREATION SERVICES & CENTERS

Big Brother & Big Sisters of Anchorage	1057 West Fireweed Lane, Suite 203	278-2621
Fairview Recreation Center	1121 E. 10 th Avenue	343-4130
Boys & Girls Club	2300 W. 36 th Avenue	248-5437
Spenard Recreation Center	2020 W. 48 th Avenue	343-4160 343-4165
YMCA	5353 Lake Otis Parkway	563-3211

TEENS/OLDER CHILDREN

Volunteers of America, 279-9634

Alaska Youth Substance Abuse Treatment Programs including information, counseling and family support when teens are involved in substance abuse.

“Teen Dating Violence” Pamphlets can be picked up at the Alaska Center for Resource Families

Alaska Youth and Parent Foundation, PO Box 232053 A/A 99523 Heather Harris 929-2633 “Our Teen Clinic” 563-TEEN

AYPF has a program called the POWER PROGRAM, the Peer Outreach Worker Education and Referral Program. This program hires and trains teenagers to provide community referrals, educational information, and mentoring to the youth of Anchorage. The concept of peer-to-peer interaction creates a more relaxed and comfortable atmosphere for vital information to be shared. The program conducts presentations on issues such as HIV/AIDS, STIS, dating violence, drugs and alcohol, risk reduction and more. There are public health nurse services on Tuesday and Thursday 1:00 – 5:00 for teens 13 – 19.

Alaska Youth and Family Network 907-770-4979. Located at 801 Karluk Street.

Holds Support Group For Parents Raising Children with Mental and Emotional Problems every Second and fourth Friday of the month. Also hosts “Love and Logic” Parenting Classes.

National Suicide Prevention Lifeline, 1-800-273-8255

National Hopeline Network, 1-800-784-2433

Covenant House Alaska, 272 1255 609 F Street

Provides emergency, short term care for runaway and homeless youth. It’s **Community Service Center** (339-4430) is locate at 750 West 5th and offers medical, education, food, and outreach to homeless and runaway youth.

OCS Independent Living Program, Juneau, Dee Pearson (907) 465-3209.

Melody Dix is the contact in Anchorage, 269-4063

This program’s focus is to increase the skills of young people in foster care in preparation for self-sufficiency in adulthood; and increasing the educational, vocational and housing opportunities for youth who age out of foster care. A key feature of the services provided by OCS include a free on line assessment called the Ansell Casey Life Skills Assessment that help identify a youth’s skills and can be used to build an exit plan with the youth around specific needs and goals. Support is provided to youth through independent living skills trainings called Preparation for Adult Living (PAL). Funds for Independent Living skills development are available based on the identified needs and goals of each youth.

CHILD CARE

Thread (Childcare Resource & Referral Service)	http://www.threadalaska.org/	563-1966 563-2996
Catholic Social Services (Respite Care for DD Children)	3710 E. 20 th Avenue www.cssalaska.org	276-5590

CLOTHING / USED FURNITURE / THRIFT SHOPS

Once Upon A Child ouac@gci.net - Bush Orders Welcome	1016 West Northern Lights	562-8777
Plain Jane Consignment	113 W. Northern Lights Blvd	278-7227
Seconds To Go	360 Boniface Parkway	333-6312
Value Village	501 E Dimond Blvd. 5437 E Northern Lights	522-9090 337-2184
Bishop's Attic	1100 Gambell Street	279-6328
Lutheran Social Services Voucher for Salvation Army Thrift Store	2606 C ST	272-0643
PATHway Counseling and Family Center	639 W. Int'l Airport RD STE 16	770-5007

FAMILY AND PARENTING RESOURCES:

The Alaska Parent Line: 1-800-643-KIDS (5437)

Get answers to all of your parenting questions from trained parent educators 24 hours a day seven days a week.

“Warm-Line Services” Thread, 563-1966

Caring for children can be overwhelming. thread staffs a warm-line for parents and early care educators, with an Early Childhood Specialist who can provide individualized child development information, discipline suggestions, or other supports.

The warm-line is a support line around parenting techniques and child development issues. We do not provide ongoing counseling; however we will provide referrals to other appropriate agencies if callers are in the midst of a crisis or need more comprehensive social service assistance.

Young Families Program: South Central Foundation, 729-5217

Parent training for enrolled children. Parenting groups for families with children 0 – 5 years old. Play groups for children 0 – 3 years. Alaska Native and American Indian preference.

Office of Public Advocacy: Guardian Ad Litem Program/CASA Program

269-3500 (Anchorage)

WIC (Women Infant and Children Nutrition Program) 343-4668 or 333-1161

Foster children are eligible up to age 5. WIC provides checks that can be redeemed for formula, eggs, cheese, juice, milk, cereal and peanut butter.

EFNEP (Expanded Food Nutrition and Education Program) 786-6300. Education program taught in your home to help you prepare good meals at a reasonable price. Eligible for families receiving WIC and classes count for foster parent training credit.

Cook Inlet Tribal Council Child and Family Resource Center, 793-3132; 3600 San Jeronimo Dr. 99508 provides supervised visitation services to OCS families.

The Alaska Parent Line, 1-800-643-KIDS (5437)

Get answers to all of your parenting questions from trained parent educators 24 hours a day, seven days a week.

DISABILITIES AND SPECIAL EDUCATION

Child Check, (Screening Process for Special Needs Education for Preschoolers) Call the STeP Center for more information 742-3872

Do you have concerns about your preschooler? The law requires school districts to identify children who need special education, even before they turn five. The Anchorage School District Child Check program is free. It is set up to help find children ages 3 to 5 who may need special help.

Disability Law Center, 3300 Arctic Blvd. 565-1002

Resource materials related to disability law. Information center is open to the public.

STeP: Students, Teachers, and Parents Center (formally known as The Special Education Parent's Resource Center), 742-3872

Boniface Mall, 5530 E. Northern Lights

An excellent resource and source of information about special education programs and the requirements in the school district. It has ongoing classes and support groups for parents with children with ADHD, FAS, traumatic Brain injury and autism. Also has a lending library on learning disabilities, special education topics and developmental disabilities.

Stone Soup Group, 307 E Northern Lights Blvd. # 100, Anchorage, AK 99501, 561--3701

A group of parent navigators who help families with medical and financial systems when their child is diagnosed with an involved medical condition. This group would be a good source of information for parents with children with special health needs or neuro-developmental delays. **The Alaska Parent Training and Information Center** at Stone Soup Group is working with parents, educators and other partners across the state to build collaborative relationships and offer training to support Alaskan students needing special education services. The center is utilizing a variety of different formats to provide training to underserved and rural families. www.stonesoupgroup.org

Governor's Council on Disabilities and Special Education, 269-8990

<http://www.hss.state.ak.us/gcdse> Where to turn directory, a complete reference to disability services and supports in Alaska

Southcentral Foundation, Early Head Start, Northway Mall, 729-6170

Head Start on Tudor in the Chugach Square Mall, 729-6100

Provides culturally appropriate and comprehensive child development services to Alaska Native and American Indian children between the ages of 6 weeks and 5 years.

Kids Corp Inc. Head Start

A national program providing comprehensive child development services that serves children from 6 weeks to age five, pregnant women and their families. It is a child focused program with the overall goal of increasing the school readiness of young children in income eligible families. There are five centers in and around the Anchorage area. Kids Crop offers Head Start for children 3-5 years of age on both a part-day and full-day basis. For more information, please call 272-0133.

RESOURCES FOR FETAL ALCOHOL SYNDROME

Anchorage P.E.G. (Parent Education Group) for Families of Children with FAS/FAE Call 742-7872 for meeting times and place.

A local parent support group providing information, education and emotional support to caregivers of children with Fetal Alcohol Syndrome or Effects. Sponsors monthly support meetings and activities.

Statewide FAS Coordinator, State of Alaska 1-877-393-2287 for resources available in your community. Or visit the FAS Web Page at <http://hss.state.ak.us/fas>. ADDRESS: P.O. Box 110607, Juneau, AK 99811, (907) 465-3033 (Juneau)

Alaska Center for Resource Families 279-1799 has a lending library with self study material, books and DVD's. They also provide FASD 101 and 201 training.

Nine Star FASD Affected Youth Employment Pilot Project : This innovative project is working to support 5 - 6 FASD affected youth achieve success at work. The contact is Catie Wheeler Nine Star Enterprises, 907-339-0838 or email catiew@ninestar.com.

WEBSITES:

www.fasalaska.com

www.acbr.com/fas/

Medicaid

To Receive A Copy Of The Schedule Of Healthy Kids Check Ups.....

Contact the Medicaid Services Unit of the Division of Public Health at 276-0606 or contact the Alaska Center for Resource Families at 279-1799.

If Your Medicaid Coupons Don't Come.....

At this time, the Div. of Public Assistance must approve all foster children for Medicaid eligibility before they can begin receiving coupons. Sometimes this process takes several weeks. If you are not getting your coupons,

Call the Social Service Associates for the Unit.

Call and ask for the Administrative Clerk Who Assists with Public Assistance or with Medicaid Problems. As of 3/05 James McNeff 269-3765 or (Supervisor) 269-4070

To Find Out Who Are The Medicaid Providers In Town.....

- For the most current list, contact the Medicaid Services Unit of the Division of Public Health at 276-0606. Identity yourself as a foster parents and ask for a list. You can also contact the Alaska Center for Resource Families.

MEDICAL

Providence Pediatric	3200 Providence Drive	261-4824
ADD Clinic of Alaska	7227 Berns Street	344-2700 800-343-277
Alaska Center for Pediatrics	1200 Airport Heights Dr, Suite	777-1800
Anchorage Pediatric Group	3340 Providence Drive	562-2423
LaTouche Pediatrics	3340 Providence Drive	562-2120
Alaska Native Medical Center Pediatrics	4315 Diplomacy Drive	563-2662 729-1000
Alaska Regional Hospital	2801 DeBarr Road	276-1131
Providence Alaska Medical Center Children's Hospital	3200 Providence Drive	562-2211 261-5832
Providence's Nurse Advice / Physician Referral		261-4900

MENTAL HEALTH SERVICES / CRISIS LINES

Denali Family Services	1675 "C" Street, Suite 117	274-8281
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Anchorage Community Mental Health Services Child Trauma Program	4020 Folker Street	563-1000
24 Hour Emergency / Suicide		563-3200
Providence Behavioral Medicine Group	3801 Lake Otis Pkwy	550-2300
Good Samaritan Counseling Center & Association	4241 B. Street, Suite 100	565-4000
North Star Behavioral Health System North Star Counseling Center, (24-hour Crisis)-7	2530 DeBarr Road	258-7575 800-478-7575
Cornerstone Clinic Medical & Counseling Center	1825 Academy Drive	522-7080
Human Relations	1709 South Bragaw Street	272-5500
Division of Behavioral Health	Fairbanks	1-800-770-1672
Southcentral Foundation		265-4900
Counseling Solutions of Alaska Accepting Medicaid for med management & Psych Testing Only	701 East Tudor Road, Suite 135	644-8044
Providence Behavioral Medicine Group/ Breakthrough Program	3801 Lake Otis Parkway, Suite 200	212-6900
Providence Psychiatric ER: Single Point of Entry 24 hour assessment 24 hour crisis line Mobile assessment 8 – 8 ER assesement Adolescent Respite Program	3200 Providence Dr	212-2800 24 hour crisis line 563-3200