

Statistical Information

According to the 2010 U. S. Census Bureau, there are about 5.4 million grandparent householders responsible for own grandchildren under 18 years old; include about 1 million with no parent present.

In Alaska, according to the 2010 American Community Survey, approximately 11778 kids under 18 years living with a grandparent householder, include 5010 grandparents fully responsible for grandchildren.

Among grandparent caregivers in Alaska, 36 percent have cared for their grandchildren for 5 or more years, suggesting a permanent arrangement. Approximately 1880 grandparents responsible for grandchildren 60 years and over, 33.3 % of them unmarried, 32 % have disability, 9.4 % have income below poverty level. Of Alaska's grandparents responsible for their grandchildren, 40 percent are male and 60 percent are female; 50.4 percent of grandparent caregivers are in labor force; 49.6 percent unemployed. The number of Alaska Native grandparents raising grandchildren 36.2 %.

We recognize that other relatives such as aunts, uncles, cousins, sisters and brothers are raising children in Alaska. Accurate statistics regarding "other relative caregivers" in Alaska are currently unavailable. However, it can be stated, outside of informal arrangements within families, when children come into the protective custody of the State, efforts are made to locate a suitable relative placement before considering other options; and, children not in the care of their parents are more likely to live with a grandparent than any other type of relative caregiver.

The services listed in this booklet are available to any kinship caregiver. The services listed are not endorsed by Volunteers of America, AK nor is this list all-inclusive.

Grandfamilies Network Program

In 1990, Volunteers of America (VOA) began a program to reach out to Alaskan grandparents raising their grandchildren. This program has grown and continues to help grandfamilies today. The funding for this program is provided by the State of Alaska Department of Health and Social Services through the Division of Senior and Disabilities Services. Through the Grandfamilies Network Program, grandparents raising their grandchildren and relative caregivers can connect with other families in similar situations and learn about valuable resources within their communities.

The Grandfamilies Network Program provides a statewide toll-free line available to grandparents for call-in support and service referral information. There are currently a monthly support groups with one in each of the following locations: Anchorage, Fairbanks, Homer, Juneau and Wasilla. Additionally there is a grandfamilies brunch or picnic held each month to support the community of grandfamilies.

The Grandfamilies program has limited respite funds that are available to grandparents 55 years of age or older who are raising grandchildren full-time. The Grandfamilies Network maintains a resource library with free postage to and from all communities within Alaska; and publishes a monthly newsletter, titled "No Empty Nest", this newsletter highlights resources and information on topics relevant to elders raising grandchildren. If you would like to receive the No Empty Nest newsletter call 907-522-9866, toll free 888-9866.

For more information contact Grandfamilies Network Coordinator, David Carey, 509 West 3rd Ave #103, Anchorage, AK 99501.

Grandparent/Kinship Support Groups

Volunteers of America, AK has a vision to establish a network of grandparent/ kinship support groups across Alaska. VOA will provide training materials, telephonic support and technical assistance to any Alaskan community interested in starting a support group. Support groups are beneficial for grandparents raising grandchildren for many reasons.

At a support group meeting you can:

- Meet other grandparents raising grandchildren
- Speak with others who are going through, or have gone through, similar experiences
- Learn about the different factors that affect the grandchildren in your care
- Receive information on social services and government agencies you must work with
- Learn coping skills and solutions from others and share your solutions
- Process feelings such as anger, guilt, frustration and hopelessness in a safe environment.
- Help your grandchildren understand that they are not alone in their living situation by letting them meet other grandchildren being raised by their grandparents

Statewide Groups for Grandfamilies

The Anchorage Grandparent Support Group facilitated by David Carey/Coordinator. This group meets the first Monday of each month from 11:30 am – 12:30pm at 2709 Boniface Parkway Sara Too's Coffee and Sandwich, Anchorage, Alaska 99504. Refreshments provided! For information, contact David Carey at 1-888-522-9866.

The Wasilla Grandparent Support Group facilitated by Rozzan Kimpton, volunteer Grandparent. This group meets every 2nd Saturday of each month from 1:00pm – 3:00pm at Turn a Leaf Community room next to the Thrift store at 404 Yenlo Street, Wasilla, AK 99654. Refreshments provided!

The Fairbanks Grandparent Support Group is facilitated by Susan Bohart, volunteer Grandparent. This group meets the second Monday of each month from 6:00-7:30 pm and is

potluck style; if possible bring a food item to share! We meet at RCPC 726 26th Avid Suite 2. Free childcare provided. For more information, call Susan 907-457-4146.

The Homer Grandparent Support Group facilitated by volunteer Grandparent Carol Coleman at 907-235-1003. This group meets on the third Wednesday of each month 6:00-7:30 pm. Carol is eager to meet other Grandparents in Homer and develop a supportive community of those raising their grandchildren. The meeting is at the Homer Senior Center located at 3935 Svelund, Homer, Alaska 99603. Coffee and tea and childcare are provided.

The Juneau Grandparent Support Group is facilitated by T. J. Arnold, a volunteer Grandparent. This group meets on the last Wednesday of the month at the Moose Lodge from: 6:00-8:00pm. Contact T.J for more information regarding

Anchorage Grandfamilies Brunch (Monthly)

Complimentary Brunch for Grandfamilies hosted by a different Anchorage Community centers; occurs from 10:30am – 1pm on the 3rd Saturday of each month; Child-care and children's activities provided by the host; Grandparents socialize with others raising grandchildren; children meet age peers in a similar situation. Watch the newsletter or call 522-9866 or 1-888-522-9866 for location, date and time.

Office of Children's Services

Many relative caregivers are raising children who are in the state's custody. Sometimes grandparents and kinship caregivers are in the position where they need to report abuse to the Office of Children's Services (OCS). Below is an explanation of the role of OCS and the support they can offer to kinship caregivers.

OCS believes that if a child cannot be safe with his/her parent(s), the next best thing is for the child to be with a family member. Most of the time relatives do help their families before it reaches a level where child protection services need to get involved. This is the best case scenario, but there are times when OCS needs to get involved. According to Alaska Statutes, when OCS receives a report that a child is not safe, they conduct an assessment of the family. If services can be provided to the family to keep the child safe, OCS will make a referral for such services and close the case. If the child is not safe in their own home, even with services in place, OCS will have a Team Decision Making (TDM) meeting. A TDM meeting includes the parent(s), the parent's supporters, identified relatives, the case worker and others that may play a significant role in the child and/or family's life. Information gathered and resources identified during the TDM help to determine the best decision.

When children are placed with relatives, OCS tries to provide the relatives with services from the agency and the community. The relative placement can contact the case worker assigned

to that case as needed. If the case worker is not available, their supervisor may be contacted. The goal of OCS is to ensure safe and stable placements for children.

List of OCS Offices on the next page.

OCS Local Offices

Anchorage
323 E 4th Ave,
Anchorage
Phone: 269-4000

Homer
3670 Lake St. Suite 100
Phone: 235-7114

Nome
PO Box 910
Phone: 443-5247

Aniak
PO Box 149
Phone: 675-4377

Juneau
Vintage Park
3025 Clinton Dr., First
Floor
Phone: 465-1650

Petersburg
PO Box 1089
16 Sing Lee Alley, #.106
Phone: 772-3565

Barrow
PO Box 1049
Phone: 852-3397

Kenai
145 Main Street Loop,
Room 100
Phone: 283-3136

Sitka
208 Lake Street, Suite 2G
Phone: 742-8608

Bethel
PO Box 328
Phone: 543-3141

Ketchikan
415 Main Street, #201
State Building
Phone: 225-6611

St. Mary's
PO Box 390
Dixon Circle Herman
Apt.#3
Phone: 438-2200

Craig
PO Box 254
1325 Craig Klawock Hwy
Phone: 826-3266

King Salmon
PO Box 537
King Salmon, AK 99613
Phone: 246-6642

Seward
Box 148, State Building
Phone: 224-5236 Sitka

Dillingham
PO Box 1290
Phone: 842-2341
or: 842-5237

Kotzebue
PO Box 370
Phone: 442-3226

Unalaska
PO Box 409
205 W. Broadway Ste.5
Phone: 581-1236

Fairbanks
751 Old Richardson
Highway, Suite 300
Phone: 451-2650

Kodiak
316 Mission Rd # 215,
Griffin Building
Phone: 486-6174

Valdez
PO Box 2740
213 Meals Room #5
Phone: 835-4789 or 1-
888-297-5950

Galena
PO Box 239
Phone: 656-1667

Mat-Su Valley/Wasilla
695 E. Parks Hwy, Suite 3
Phone: 357-9797

OCS Statewide
Toll-Free: 1-800-478-4444

Glennallen
PO Box 392
Phone: 822-3089

McGrath
PO Box 81
Phone: 524-3848

Children in Transition

Anchorage School District, Title 1 Child in Transition/Homeless Project offers educational assistance and supportive services for children whose family is in transition (in shelters, temporary quarters, staying with relatives.) The program is based on a federal law that says homeless children have a right to continue at the school where they started and stay through the school year. Primarily, the program provides transportation: shuttles or busses that pick kids up from all over town and transports them to their home school; when shuttles are unavailable, other avenues are explored.

5530 E Northern LightsPhone: 742-3833

Alaska Temporary Assistance Program (ATAP)

The Alaska Temporary Assistance Program (ATAP) provides cash assistance and work services to low-income families with children to help them with basic needs while they work toward becoming self-sufficient. This program is provided under the federal Temporary Assistance for Needy Families (TANF) block grant.

ATAP changed the traditional focus of the state's public assistance program for needy families to an employment-focused program from an entitlement under the Aid to Families with Dependent Children (AFDC) program. Temporary Assistance stresses family self-sufficiency through employment.

Temporary Assistance:

- Imposes a 60-month lifetime limit on assistance
- Limits additional assistance for second parents, and reduces benefits for two-parent families during July, August, and September when there are good opportunities for employment
- Requires families to complete a Family Self-Sufficiency Plan, identify self-sufficiency goals and work or participate in activities that will move them toward those goals
- Requires cooperation with the Child Support Services Division in establishing paternity for the children, locating the absent parent, and collecting any child support the absent parent is responsible for paying

Eligible Families:

To receive Temporary Assistance, the family must have less than \$2,000 in countable resources, or \$3,000 if the family includes an individual who is 60 or older. Resources that do not count include the family's home, household goods and personal property, and most vehicles.

The family must also have countable income less than the ATAP income limit. When an adult goes to work, a portion of their earnings is disregarded as an incentive to work. The amount of the disregards decreases over a five-year period.

The amount of cash assistance a family receives depends on the family's size, income and shelter expenses. Benefits are reduced for families with low shelter costs. Also only one parent is included in the household size for families with two parents who are both able to work.

Income Limits and Maximum Payments 1/1/2012 TO 12/31/2012

Household Size	2	3	4	5	6	Each Addt'l
Income Limit	\$1,347	\$1,516	\$1,685	\$1,854	\$2,023	\$169
Maximum Payment	\$821	\$923	\$1,025	\$1,127	\$1,229	\$102

To apply for ATAP go to the Department of Public Assistance office or download an application from the state website: <http://www.hss.state.ak.us/dpa/programs/atap/>
 Phone: (907) 465-3347

Medicaid/Denali Kid Care

Medicaid is a health insurance program for people who have limited incomes. You can apply for Medicaid benefits for yourself or for a child who lives with you. If the child(ren) living with you have not been adopted, then you only list their income on the application.

If the child(ren) have been adopted, you may still qualify for Denali Kid Care but your income must be included. Denali Kid Care offers medical, mental, and dental health care to children under 18 years old. Denali Kid Care is for families who make too much money to qualify for Medicaid, but are under 150% of the federal poverty income level.

To apply for Medicaid go to the Department of Public Assistance office or download an application from the state website: <http://www.hss.state.ak.us/dpa/programs/medicaid/>
 To apply for Denali Kid Care go to the Department of Public Assistance office or download an application from the state website:

<http://www.hss.state.ak.us/dhcs/DenaliKidCare/default.htm>

You may also call:

Phone: 269-6529Toll-free: 1-888-318-8890

List of Department of Public Assistance Local Offices on the next page.

Public assistance is an important program designed to help ensure critical services are available in our communities, sustaining families and upholding the dignity of our citizens.

-- Nick Russo --

Department of Public Assistance Local Offices

<p>Anchorage District Office 400 Gambell St. Anchorage, AK 99501 Phone: 907-269-6599</p>	<p>Juneau Field Office 10002 Glacier HWY Ste. 201 Juneau, AK 99801 Phone: 907-465-3551 Toll-free: 1-800-478-3551</p>	<p>Kotzebue District Office PO Box 1210 Kotzebue, AK 99752 Phone: 907-442-3451</p>
<p>Anchorage APA Office 235 E 8th Ave., Suite 300 Anchorage, AK 99501 Phone: 907-269-6000</p>	<p>Fairbanks District Office 675 7th Ave, Station D Fairbanks, AK 99701 Phone: 907-451-2850 Toll-free: 1-800-478-2850</p>	<p>Mat-Su District Office 855 W. Commercial Dr. Wasilla, AK 99654 Phone: 907-376-3903 Toll-free: 1-800-478-7778</p>
<p>Coastal Field Office 3601 C. St, Ste. 410 PO Box 240249 Anchorage, AK 99524 Phone: 907-269-8950 Toll-free: 1-800-478-4372</p>	<p>Kenai Peninsula. Job Center 11312 Kenai Spur Hwy Ste. 2 Kenai, AK 99661 Phone: 907-283-2900 Toll-free: 1-800-478-9032</p>	<p>Nome District Office PO Box 2110 Nome, AK 99762 Phone: 907-443-2237 Toll-free: 1-800-478-2236</p>
<p>Eagle River Job Center 11723 Old Glenn HWY Space B-4 Eagle River, AK 99577 Phone: 907-694-7006</p>	<p>Ketchikan District Office 2030 Sea Level Dr.#301 Ketchikan, AK 99901 Phone: 907-225-2135 Toll-free: 1-800-478-2135</p>	<p>Sitka District Office 201 Katlian St., Ste. 107 Sitka, AK 99835 Phone: 907-747-8234 Toll-free: 1-800-478-8234</p>
<p>Homer District Office 270 W. Pioneer, # C Homer, AK 99603 Phone: 907-235-6132</p>	<p>Kodiak District Office 307 Center street Kodiak, AK 99615 Phone: 907-486-3783 Toll-free: 1-888-480-3783</p>	<p>Bethel District Office 406 Ridgecrest Drive Bethel, Alaska 99559 Phone: 907-543-2686 Toll-free: 1-800-478-2686</p>
<p>Denali Kid Care Office PO Box 240047</p>	<p>Muldoon One Stop 1251 Muldoon Rd., St. 111B</p>	<p>SE APA/Specialized Medicaid</p>

Anchorage, Alaska 99524 Phone: 907-269-6529 Toll-free: 1-888-318-8890	Anchorage, Alaska 99504 Phone: 907-269-0000	10002 Glacier hwy., Suite 105 Juneau, Alaska 99801 Phone: 907-465-3537 Toll free: 1-800-478-3537
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BIA (Bureau of Indian Affairs)

NOTE: Contact the nearest BIA office to apply for a Certificate Degree of Indian Blood for enrolled Alaska natives and their descendants under the Alaska Claims Settlement Act of 1971. Call the BIA office at 1-800-645-8465 press 1, to receive telephone contact numbers for your tribe or affiliation.

Alaska Region: BIA (Bureau of Indian Affairs) PO Box 21647 709 W 9th Street Juneau, AK 99802 Fax: 907-586-7252 Phone: 907- 586-7177.

Toll Free: 1-800-645-8397, press 2.

Covers Alaska, except for a small area under the jurisdiction of the Northwest Region.

BIA West Central Alaska Field Office in Anchorage, AK Phone: 1-800-654-8465
3601 C Street Suit 1100 Anchorage, AK 99503

BIA Fairbanks Field Office 101 12t Avenue, room 16 Fairbanks, AK
Fax 907-456-0225 Phone: 907-456-0522

Northwest Region BIA Bureau of Indian Affairs Phone: 503-231-6702
The Federal Building 911 NE 11th Avenue , Portland, OR 97232 Fax: 503-231-2201

Tribal Organizations

In Alaska, the Department of Public Assistance contracts with local tribal organizations to administer entitlement programs (ATAP, Medicaid, Child Care Assistance, etc) to the Alaska Native and American Indian population. In addition, tribal entities operate social service programs, medical clinics and tribal services to meet the needs of Alaska Native/American Indian people in their area.

Aleutian/Pribilof Island Association

Provides assistance to eligible applicants for child care, burial, emergency needs of basic essentials and energy assistance.

The family services include Indian Child Welfare Act (ICWA)

representation, tribal adoption and guardianship and child assistance to include; financial assistance and/or case management for children under 18 years old who have essential or special needs, children in need of placement in foster home or residential facility and

children in need of adoption or guardianship.

Local Offices & Phone Numbers:

Atka Phone: 907-839-2232

Anchorage Phone: 907-276-2700
(Nikolski Clinic)

Phone: 907-576-2204

Pribilof (Pribilof Counseling Center)

Phone: 907-546-2342

Unalaska Phone: 907-581-2742

St. Paul (St. Paul Health Center)

Phone: 907-581-2310

Association of Village Council Presidents (AVCP)

AVCP serves 56 federally recognized Native Alaskan Tribes in Y-K Delta
101 Main Street & 570 3rd Avenue.

P.O. Box 219, Bethel, Alaska 99559

AVCP Main Line: 907-543-7300

Fax (907) 543-3596

Education & Employment & Training:

Phone: 907-543-7484, 7485

Elder's Council: 907-543-7334

Human Resources: 907-543-7307

ICWA: 907-543-7440

Social Services: 907-543-7472

Tribal Services 907-543-7370

TANF: 907-543-7402

Vocational rehabilitation: 907-543-7491

Information technology 907-543-7390

Cook Inlet Tribal Council, Inc.

Provides family, youth, and social services to the Native and American Indians in the Southcentral Region.

Anchorage: 907-793-3600

Toll-free: 1-877-985-5900

Employment Services: 907-793-3300

Tribal TANF: 907-793-330

Bristol Bay Native Association, Inc.

(BBNA) Serves 31 Tribes to provide a variety of educational, social, economic

and related services to the Native people of Bristol Bay region of Alaska. Provides elder and social services to the Bristol Bay region.

Dillingham: 907-842-5257

Toll-free: 1-800-478-5257

Kodiak Area Native Association

Provides health and social services to the following communities: Akhiok, Karluk, Kodiak, Old Harbor, Ouzinkie, Port Lions, and Larsen Bay Phone: 907-486-9800.

Kawerek Incorporated

Provides family and youth services in the Nome region. Phone: 907-443-5231

Toll-free 1-800-478-5153

Chugachmiut

Provides cultural, community, health, and social services to the Native peoples of Chenega Bay, Cordova, Homer, Nanwalek, Port Graham, Qutekcaq, Seldovia, Seward, Tatitlek, and Valdez:

Ph.: 907-562-4155

Toll-free-1-800-478-4155

Maniilaq Association

Provides health, social and tribal services to Alaskan Natives and American Indians in the Northwest region.

Corporate Office: 1-800-478-3312

Southcentral Foundation

Provides mental and physical health and social services to AK Natives and American Indians in the Anchorage community.

Phone: 907-729-4955

Toll-free 1-800-478-3343

Family Crisis Center: 1-888-478-3969

Tribal Services: 1-800-478-9791

Central Council Tlingit & Haida

Indian Tribes of Alaska

Provides family and youth services, housing, transportation, tribal courts and temporary assistance to needy families for Tlingit and Haida people: Juneau AK, Phone: 907-586-1432

Tollfree: 1-800-344-1432

Tanana Chiefs Conference

Provides social serv med/mental health serv to Interior Region. Fairbanks: AK
Ph: 907-452-8251
Toll-free: 1-800-478-6822

Child Care Assistance

The Child Care Assistance Program provides assistance with child-care expenses to eligible families who are working or are participating in an education or training program. Child Care Assistance in Alaska is known as “Parents Achieving Self Sufficiency” (PASS) and is divided into three categories: PASS I, PASS II and PASS III.

PASS I Provides child-care assistance to families receiving benefits under the Alaska Temporary Assistance Program (ATAP). Parents select the provider who will care for their children. A child-care provider is eligible to participate and receive payments from the child-care assistance program if they meet the requirements established by the Division of Public Assistance (DPA).

PASS I does not require caregivers to contribute toward child-care costs. However, they will be responsible for any costs the child-care provider charges over the state rate, or for any child-care accessed outside of authorized timeframes.

Apply for PASS I through the local DPA office (see page five of this booklet for local listings).

PASS II & Pass III

Pass II provides child-care assistance to families who are transitioning from ATAP. Pass III provides child-care assistance to families who are not eligible for (or who have never received) PASS I or PASS II. You may be eligible for assistance from the PASS II or Pass III Child Care Assistance Program for up to twelve months to help pay child care costs while you work or participate in an education or training program. If you are working, attending school or in job training your family may be eligible for child care assistance.

Eligibility is also based on the size of the family and the family's “gross” income (that is, your income before taxes). Depending on your family's monthly income, you may be responsible for contributing toward your child-care costs. The contribution is the amount you are required to pay toward your child-care costs each month regardless of how many children are in care or the number of hours they are in care. Additionally, you will still be responsible for any costs your child-care provider charges over the state rate, or for any child-care accessed outside of authorized timeframes.

To apply for PASS II child-care assistance, submit an application to a local Child Care Assistance office (see page nine of this booklet). You will also need to provide a copy

of the PASS II Referral notice that you receive from your local DPA office. To apply for PASS III child-care assistance, submit an application to a local Child Care Assistance office.

If you are eligible for child care assistance, you will be issued an authorization for up to six months. In most cases, you will be required to update your information every six months.

Child Care Program Office Contact Information:

E-mail: CCPO@alaska.gov

Child Care Program Office	Northern Regional Office	Southeast Regional Office
3601 C St., Suite 140	542 4th Avenue #212	P.O. Box 110640
Anchorage, AK 99524	Fairbanks, AK 99701	150 3rd St., Ste. 107
907-269-4500	907-451-3198	Juneau, AK 99811
		907-465-4756

Toll-free statewide at: 1-888-268-4632

Child Care Assistance Local Offices

Municipality of Anchorage P.O. Box 196650 Anchorage, AK 99519	Dianne Alger (907) 343-6700 Fax 249-7600	algerdm@ci.anchorage.ak.us
Alaska Family Services Inc. 899 W. Commercial Drive Wasilla, AK 99654	Emily Kugel (907) 373-4450 Fax 373-4468	emilyk@akafs.org 1-866-746-4080 1-888-415-6868
Catholic Community Service Juneau, Craig, Ketchikan, Petersburg 419 Sixth St. CCS Wing Juneau, AK 99801	Lorilee Guiler (907) 463-6184 Fax 586-2011	lorilee.guiler@ccsjuneau.org 1-800-505-6124 1-888-216-2011
The Haines Borough Haines, Skagway, Yakutat P.O. Box 1209 Haines, AK 99827	Kathy Friedle (907) 766-2231 x 28 Fax 766- 2716	kfriedle@haines.ak.us 1-888-766-5679 1-888-329-2716
Kodiak Island Borough Kodiak 710 Mill Bay Rd, Room 108 Kodiak, AK 99615	Jeanne Friel (907) 486-9375 Fax 486-9397	jfriel@kodiakak.us 1-877-996-9375 1-877-966-9397
The Lee Shore Center 601 Front gate Rd., Ste. 204 Kenai, AK 99611	Amber Kraxberger (907) 283-4707 Fax 283-4681	leeshorekenaiccap@alaska.net 1-877-855-2227 1-877-855-2230

Metlakatla Indian Community
Metlakatla
P.O. Box 8
Metlakatla, AK 99926

Sean Enright
(907) 886-6669
Fax 886-5876

kidcare@aptalaska.net

Child Care Offices continued
South Peninsula Haven House

Homer, Anchor Point
3776 Lake St., Ste. 100
Homer, AK 99603

Ronnie Leach
(907) 235-7712 ext. 228
Fax 235-2733

havenhousealaska3@gmail.com

City of Valdez

Valdez, Glenallen
P.O. Box 307
Valdez, AK 99686

Michelle Tompkins
(907) 835-4313
Fax 834-3417

mtompkins@ci.valdez.ak.us

1-888-678-3459

Alaska Island Community Services

Wrangell, Sitka/Angoon
P.O. Box 1231
Wrangell, AK 99929

Theresa Allen
(907) 874-2373
(907) 874-5017

theresa.allen@akics.org

1-888-774-5009

Communities by Distant Delivery

Nome Census Area, N. Slope and N.W. Artic Borough, Seward
619 E. Ship Creek, Ste. 230
Anchorage, AK 99501

Child Care Program Office
(907) 269-4500
Fax 269-4536

ccpo@alaska.gov

1-888-268-4632

1-888-224-4536

Thread

Fairbanks, Eielson AFB, Moose Creek, Salcha, North Pole
1949 Gillam Way Ste G/Rm 403
Fairbanks, AK 99701

Kelly Doughty
(907) 479-2212
Fax 479-2295

thread@thrivalaska.com

.....
*Children are one third of our population
and all of our future.*
.....

-- Select Panel for the Promotion of Child Health, 1981 --

Head Start

Head Start is a free, federally funded early childhood program for children, age three to five, from economically disadvantaged families. The program is designed to help young children succeed in school and support families. Head Start does this by looking at the whole child, considering the child as part of a family (who are their first teachers) and as a part of a community. Local programs provide a range of individualized services, engaging parents in their children's developmental goals, with attention to children's education, early childhood development; medical, dental, mental health and nutrition needs.

Early Head Start was established to serve children from birth to three years of age in recognition of the mounting evidence that the earliest years of development are very important. It is a home based program.

Head Start children are healthier than their peers from similar socio-economic backgrounds who are not enrolled in Head Start. Healthy children learn better.

Alaska Head Start Association (AHSA)			
P O Box 202449 Anchorage, AK 99520-2449 AKHeadStart@gmail.com http://www.akheadstart.org <i>See website for current information</i>			
Executive Committee	Email	Phone	Fax
Malinda Besett, Co-Chair Exp. 10/2012	mbesett@kawerak.org	443-9050	443-9059
Mary Willey, Co-Chair Exp. 10/2013	mwilley@fairbanksnative.org	456-4989 Ext 221	456-4909
Jamie Chinuhuk, Vice President Exp. 10/2012	jchinuhuk@aptalaska.net	886-5151	886-5315
Mark Lackey, Treasurer Exp. 10/2012	mlackey@ccsalaska.org	745-4040	745-4060
Racquel Martinez, Secretary Exp. 10/2013	racquel.martinez@tananachiefs.org	452-8251 Ext 3172	459-3952
Jeanette Gardiner, Virtual Assistant	akheadstart@gmail.com		745-6127

Head Start/Early Head Start Programs

Aleutian Pribilof Islands Assoc.
 1131 E International Airport Rd
 Anchorage, Alaska 99518-1408
 222-9731 *or*
 800-478-2742

279-4351
 http://www.apiai.com
AVCP Head Start
 P O Box 219
 Bethel, Alaska 99559

543-7430

543-5590

<http://www.avcp.org/>

Bristol Bay Native Association

P O Box 310

Dillingham, Alaska 99576

842-4059 *or*

800-478-4059

842-2331

www.bbnahs.com

**Central Council of Tlingit & Haida
Indian Tribes of Alaska**

320 W. Willoughby Ave., Ste. 300

Juneau, Alaska 99801

463-7150 *or* 800-344-1432, 463-7388

<http://www.ccthita.org>

Cook Inlet Native Head Start

6901 E. Tudor Road

Anchorage, AK 99521

729-6100

729-8680

<http://www.cinheadstart.net>

Chugachmiut

1840 Bragaw, Suite 110

Anchorage, Alaska 99508-3463

334-0148 *or*

800-478-4155

800-793-2891

<http://www.chugachmiut.org>

CCS Early Learning

403 South Alaska Street, 2nd Floor

Palmer, AK 99645

745-4040

745-4060

<http://www.ccsalaska.org>

Council of Athabaskan Tribal Gov.

PO Box 33 | Fort Yukon, AK 99740

662-7579

662-3278

<http://www.catg.org>

Fairbanks Native Association

605 Hughes Ave. Suite 100

Fairbanks, Alaska 99701

456-4989 Ext 221

451-8814 Ext

456-4909 (HS)

451-8815 (EHS)

<http://www.fairbanksnative.org>

Kawerak Head Start

PO Box 948 |

Nome, Alaska 99762

443-9050

800-443-5294

443-9059

<http://www.kawerak.org>

Kenaitze Indian Tribe, IRA

130 North Willow |

Kenai, Alaska 99611

335-7260

283-5898

<http://www.kenaitze.org>

Kids' Corps, Inc.

1840 Bragaw, Suite 210

Anchorage, Alaska 99508

279-2021

222-0978

<http://www.kcialaska.org>

Metlakatla Indian Community

P.O. Box 8

Metlakatla, Alaska 99926-0008

886-5151

886-5315

<http://www.metlakatla.com>

RurAL CAP Head Start

P O Box 200908

Anchorage, Alaska 99520

PO Box 200908

Anchorage, Alaska 99520

865-7317 *or*

800-478-7227

Ext. 7317

865-7327 *or*

800-478-7227

Ext 7327

865-7343

800-478-6343 OR

279-6343

<http://www.ruralcap.com>

Tanana Chiefs Conference

122 First Ave., Ste. 600

Fairbanks, Alaska 99701

452-8251

Ext 3172 *or*

800-478-6822

459-3952

<http://www.tananachiefs.org>

Thrivalaska

1949 Gilliam Way Ste F Fairbanks, AK 99701
452-4267 Ext 223

452-4203

<http://209.193.47.52:8080/Default.aspx>

Child Care Referral Agencies

Child Care Resource and Referral (R&R) agencies in Alaska maintain a database of licensed and approved programs, including information about their hours of operation, current openings, and activities offered.

The R&R also provides materials to assist families in selecting quality child care, helping children transition to a new program, and maintaining positive relationships with child care programs, as well as information about community resources and financial assistance for families with young children. For more information Alaska's Child Care Resource and Referral agency, thread, visit www.threadalaska.org.

Child Care Food and Nutrition

The Child Care Food Program is a federal program of the Food and Nutrition Services (FNS) of the US Department of Agriculture (USDA). The program reimburses licensed and approved child care providers for a portion of their food costs. The primary goal of the program is to improve the diet of children ages 12 year and younger.

Food is an important part of every child's emotional, physical, and social development. Eating habits established during preschool years affect health throughout life. Nutrition is an important part of a good child care program. Children need well-balanced meals in order to meet their daily energy needs and to help build strong bodies and minds.

The Child Care Food Program is designed to show child care providers how to help children develop good eating habits and attitudes towards foods.

The program is monitored in Alaska by the Department of Education and Early Development, and administered by non-profit sponsoring organizations. For more information or to find your local Child Care Food Program sponsor, call 465-8711, or check the website at <http://www.eed.state.ak.us>

Anchorage and South Central Region

Child Care Connection
P.O. Box 141689 Anch, AK 99514
Toll free: 1-800-278-3723
www.childcareconnection.org

Juneau and Southeast Alaska

AEYC-SEA 3100 Channel Drive # 215
Juneau, AK 99801 Phone: 789-1235
Toll-free:1-888-785-1235 aeyc-sea.org

Fairbanks and Northern Region

C.A.R.E.S Resource & Referrals
Interior & Northern Regions of Alaska
1908 Old Pioneer Way Phone: 479-
2214
Toll-free: 1-866-878-CARE

alaskacares.org
**Child Care Referrals within
Fairbanks**
North Star Borough Phone: 459-1439
520 5th Ave. Fairbanks, AK 99701

Parenting Call Line

Call and talk to a trained parent educator who will listen and help you brainstorm solutions for your parenting concerns, from potty training, sibling rivalry to teenage angst. The Parent Line is for anyone who is raising a child. The goal of the Parent Line is to prevent a parenting crisis by providing families with resources and information to encourage good parenting skills. The Alaska Parent Line a free service-part of the Resource Center for Parents and Children and is funded by a grant from the Alaska Children's Trust.

Statewide Toll-Free Number Sponsored by the Alaska Children's Trust

Parent Line: 1-800-643-KIDS (5437) *Get answers to all of your parenting questions from trained parent educators 9 am to 9 pm, 7 days a week.*

Parenting Tips from the Alaska Children's Trust

- Listen, talk and play with your child.
- Be warm, loving and responsive.
- Be a role model for respectful behavior and values you believe in.
- Listen to your child without judging what you hear.
- Establish rituals and routines.
- Encourage your child to keep trying when he or she fails.
- Set goals and celebrate accomplishments.
- Set boundaries that are appropriate for your child.
- Never leave your child alone or unattended.
- Get to know the people in your child's life; coaches, relatives, friends, babysitters, ministers.
- Monitor your child's internet use.
- Choose quality day care and stay involved.
- Be selective in your child's television watching.
- Take care of yourself.
- Enjoy your child and have fun together!

General Web-Based Resources

- **Free web- based tutorials to help think you think about how YOU want to parent:**
 - www.uptoparents.org (for divorced or divorcing parents)
 - www.whileweheal.org (for parents working through a separation)

- www.proudtoparent.org (for parents who have never been married)
- **List of Alaska Resources for Parents of Teens**
- www.focusas.com/Alaska.html

School Districts Check with the counselor at your local school. They may offer parenting classes. Get school district calendars in Superior Court Locations.

Early Intervention

Early Intervention/ Infant Learning Programs provide early intervention services for children ages 0-3 years that experience or may be at risk of developmental delays or disabilities. Early intervention assists families in helping their children grow, learn, and develop the skills they will need for the rest of their lives. Services include developmental screening, multidisciplinary team developmental assessments, home based and/or center based early intervention services to groups, parent and child:

Anchorage

Programs for Infants and Children - PIC

Amy Simpson
Phone 1-907-561-8060
Fax 1-907-563-3172
161 Klevin St. Ste 103
Anchorage, AK 99508

Aleutian/Pribilof Islands

Southeast Regional Resource Center - SER

Infant Learning Program
Shawn Bernard
Phone 1-907-349-0651
805 West 3rd Ave
Anchorage, AK 99501

Bethel

Yukon Kuskokwim Health Corporation - YKH

Family Infant Toddler Program
Laurie Lopez
Phone 907-543-3690
Fax 907-543-1276
P.O. Box 520
Bethel, AK 99559

Eagle River/Chugiak/Elmendorf-Richardson Base

Family Outreach Center for Understanding Special Needs - FOC

Infant Learning Program
Lizette Stiehr
Phone 1-907-694-6002
Valdez/ Cordova 1-907-424-3425
11901 Business Park Blvd.
Eagle River, AK 99577

Mat-Su Services for Children and Adults - MSU

Infant Learning Program
Jean Kincaid
Phone 1-907-352-1200
Fax 1-907-352-1249
5000 E. Shennum Dr.
Wasilla, AK 99654

Dillingham

Bristol Bay Area Health Corporation - BBAHC

Infant Learning Program
Melanee Tiura
Phone 1-907-842-3398
Fax 1-907-842-2039
P.O. Box 130
Dillingham, AK 99576

Fairbanks

**Alaska Center for Children and Adults
- ACCA**

Susan Kessler
Phone 1-866-456-4003
Fax 1-907-456-6124
1020 Barnette Street
Fairbanks, AK 99701
Tanana Chiefs Conference - TCC
Infant Learning Program
Francesca Ridenour
Phone 1-907-452-8251 Ex 3104
Fax 1-907-459-3952
122 1st. Ave Suite 600
Fairbanks, AK 99701

Homer

Sprout Family Services - HCS

Birth to Three ILP
Jillian Lush
Phone 1-907-235-6044
Fax 1-907-235-2644
3691 Ben Walters Lane # 4
Homer, AK 99603

Juneau

REACH, Inc - REA

Infant Learning Program
Kim Mix
Phone 1-907-586-8228
Fax 1-907-586-8205
213 Third St.
Juneau, AK 99801

Ketchikan

**Community Connections Ketchikan -
CCK**

Early Learning Program
Laurie Thomas
Phone 1-907-225-7825 Ex 211
Fax 1-907-225-1541
201 Deermount St.
Ketchikan, AK 99901

Kodiak

Kodiak Area Native Association - KAN

Infant Learning Program
Nancy Wells
Phone 1-907-484-1366 (Direct Line)
1-907-486-9800 (Switch Board)
Fax 1-907-486-4829
3449 Rezanof Drive East
Kodiak, AK 99615

Kotzebue

**Northwest Arctic Borough School
District - NWA**

Infant Learning Program
Kim Garner
Phone 1-907-442-3472 Ex 263
Fax 1-907-442-2196
P.O. Box 51
Kotzebue, AK 99752

Nome

**Norton Sound Health Corporation -
NSH**

Infant Learning Program
Mandi Nisenbaum
Phone 1-907-443-3298
Fax 1-907-443-3741
P.O. Box 966
Nome, AK 99762

Seward

SeaView Community Services - SEA

Loretta Swanson
Phone 1-907-224-5257
Fax 1-907-224-7081
302 Railway Ave
Seward, AK 99664

Sitka

**Center for Community - CFC
Early Learning Program**

Gail Trujillo
Phone 1-907-747-6960 Ex. 32
Fax 1-907-747-4868

700 Katlian St. Suite B
Sitka, AK 99835

Soldotna
Frontier Community Services - FCS
Early Intervention Program

Amanda Faulkner
Phone 907-714-6647
Fax 1-907-262-4595
43335 K-Beach RD Suite 36
Soldotna, AK 99669

Office of Fetal Alcohol Syndrome: Diagnostic Team Networks

It is estimated that about 163 children (16.3 per 1000 live births) born each year in Alaska are impacted by prenatal alcohol exposure. Diagnostic Teams can assess for this lifelong disability so the family can receive supports.

<p><u>Southcentral Foundation FAS Diagnostic Team</u> (limited to AK Natives) Ages: 3-18 Anchorage, Alaska 99508 Phone: 907-729-5291 hrussell@scf.cc</p>	<p><u>Fairbanks Fetal Alcohol Community Evaluation Services</u> (FACES) Alaska Center For kids and adults Ages: 5-14 Fairbanks, Alaska 99701 907-456-4003 * 126 faces@acca-ilp.org</p>	<p><u>Mat-Su Fetal Alcohol Resource Project Mat-Su Services for Children & Adults, Inc.</u> Ages: 3-18 Wasilla, AK 99654 Phone: 907-352-1200</p>
<p><u>Assets, Inc. FASD diagnostic team</u> Ages: 3-22 Anchorage, AK 99508 Phone: 9073348632, 907-279-6617 marilyn_pierce-bulger@assetsinc.org</p>	<p><u>Juneau FASD Diagnostic Team Tlingit&Haida Central</u> Ages: 5-14 Avenue, Suite 300 Juneau, Alaska 99801 907-463-7373</p>	<p><u>Kenai Peninsula FASD Multidisciplinary Team Frontier Community Serv.</u> Soldotna, AK 99669 907-714-6648, 1-800-819-8194 vtinker@fcsonline.org</p>
<p><u>Yukon-Kuskokwin FASD Diagnostic tm Bethel&Yukon</u> Ages: 3-18 Yukon-Kuskokwim Health corp. Bethel, Alaska 99559 907-543-6100</p>	<p><u>Sitka Neurodevelopmental Clinic</u> SEARHC Ages: 4-18 Sitka, AK 88835 Phone: 907-966-8815</p>	<p><u>Upper Tanana FAS Team</u> Tok School District Tok, Alaska 99780 907-833-5151*110 lyoung@tok.schoolaccess.net</p>

<u>Kodiak Compass Proj</u> <u>Serves: Kodiak Borough</u> <u>Kodiak Area Native Assoc</u> Kodiak, AK 99615 Phone: 907-486-9841, 907-486-3921		
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ALASKA CARES

Alaska CARES is a child sexual abuse evaluation center providing sexual abuse evaluation services to children, newborn to age 18. The Center's pediatric nurse practitioners are trained to examine children in a gentle, non-invasive way. The nurse practitioners work in a team with detectives and social workers during the evaluation. Staff at Alaska CARES help families find the resources they need to heal from the trauma of abuse. They believe that sexual abuse does not have to devastate lives, if families are willing to get the help that children need.

In Anchorage Alaska Cares accepts referrals from the Anchorage Police Department, the Alaska State Troopers, the OCS, and local physicians or mid-level practitioners. For children in the Prince William Sound area, referrals are accepted from the Troopers, local Police Departments, and OCS. If you are a self referral (you call because you are concerned about your grandchild's possible victimization) the staff will guide you to the correct channels for obtaining a referral and having your grandchild evaluated.

Alaska CARES is located at **4001 Dale St., Suite 112 in Anchorage.**

Office hours are 8-5, Monday through Friday.

Phone (907)561-8301. Toll free: 877-561-8301

After 5 pm, on the weekend, or on holidays, children who need emergency care should be taken to the emergency room of any hospital.

Alaska Department of Public Safety

Sex Offender/Child Kidnapper Registration Central Registry

The Department of Public Safety maintains a public central registry of persons required to register as sex offenders and child kidnappers. This registry includes registered offenders who have been convicted of sex offenses and those who are required to register but may not be in compliance. Sex offenders/child kidnappers are required to report each email address, instant messaging address, and any other Internet communication identifiers they use. "Other Internet communication identifiers" include names used in chat rooms and names used in social networking websites such

as Facebook and MySpace. Access the registry through the AK Department of Public Website under Quick Links or use the address:
<http://dps.alaska.gov/sorweb/sorweb.aspx>

Alaska 211

Information and Referral Service for local Health and Human Services from anywhere in Alaska: Supported by a grant from the United Way of Alaska. Call if you have a need and don't know where to turn for assistance.

Phone: 211.....Toll Free: 1-800-478-2221

Non-Profit Organizations

This list is not extensive, but it highlights non-profit social service agencies that may address the various needs of grandparents raising grandchildren, kinships caregivers, and the children in their care.

Center for Resource Families (ACRF)

Alaska Center for Resource Families a project of Northwest Resource Associates is a private non-profit grantee agency with the Office of Children's Services (OCS). ACRF provides free training, support, information and resources to Alaska resource families (licensed foster parents, adoptive parents, relative caregivers and guardians.) ACRF offers resource parent support, on-site training, self-study, extensive resource library, Hague complaint adoption preparation training, case management, support and referrals.

OCS has contracted with Northwest Resource Associates to establish the Alaska Center for Resource Families. The Alaska Center for Resource Families (ACRF) has qualified staff in Anchorage, Fairbanks, and Juneau to provide training, support, and information to Alaskan licensed foster and adoptive parents. For families living in other areas, ACRF provides rural onsite training and telephonic support. These on-going trainings help foster parents to meet the State of Alaska requirements. ACRF also provides information for families who want to become foster or adoptive parents. ACRF provides pre- and post-adoption and guardianship support services. Free Support services are available to families involved in State, Tribal, relative, private, international, pre- and post-adoptions and guardianships.

Anchorage 99501
Southcentral Region
840 K Street, Suite 101
Phone: 279-1799
1-866-478-7307

Mat Su/Palmer
5050 Dunbar Street
Wasilla, AK 99654
Phone: 376-4678
1-866-478-7307

Fairbanks 99701
Northern Region
815 2nd Ave.
Phone: 479-7307
1-800-478-7307

Stone Soup Group: Statewide collaboration aimed at improving services for families who have children who experience developmental disabilities. Services include parent navigation, statewide information and referral, resource guides; positive behavior supports training, and a family-centered health information center.

Phone: 561-3701 Toll-free: 1-877-786-7327

Alaska Youth and Family Network (AYFN) is a family run statewide non-profit staffed by fellow parents of children with mental health issues, substance abuse, autism, or fetal alcohol syndromes. AYFN individually supports and educate families about mental health issues and help families navigate the systems in which they are involved to best support their child.

740 Communications Ave, Anchorage, AK

Phone: 770-4979.....Toll-free: 1-888-770-4979..... Fax: 770-4997

AARP Alaska (American Association of Retired Persons)

AARP is a nonprofit, nonpartisan membership organization that helps people 50 and over improve the quality of their lives by providing advocacy, information, services to the 50+ population. AARP's Web site offers information on a broad range of topics, including AARP's public policies, answers to financial planning questions, guidance on health and wellness, and tips for coping with difficult life transitions. AARP offers local classes, free of charge, on subjects such as Consumer Protection, Investor Education, Living Wills and Medicare Benefits. AARP maintains a nationwide Medicare Information Line.

AARP State Office
Anchorage, AK, 99503
3601 C. Street, Suite
1420
1-866-227-7447
ak@aarp.org

**Alaska Information
Center**
3101 Penland Pkwy
Anchorage AK 99508
1-888-805-1540

AARP Website
www.aarp.org
Medicare
Information Line
Toll Free: 1-800-633-
4227

Older Persons Action Group, Inc. (OPAG) is a nonprofit membership organization dedicated to improving services, developing programs, educating,

promoting and implementing changes to foster self-determination, self-sufficiency and independence of older Alaskan citizens. OPAG maintains a computer lab in Anchorage for older persons to use free of charge, publishes the Senior Voice, a monthly newspaper dedicated to senior issues specific to Alaska, and maintains the Medicare Counseling and Assistance Program call if you are unable to locate a physician who will accept Medicare.

Older Persons Action Group

325 E 3rd Ave Suit 300
Anchorage, AK 99501-2647

Senior Voice

907-276-1059
1-800-478-1059

Access Alaska provides independent living services including assistive technology services, assistive technology financial aid, home modification, and personal care services to people who experience a disability.

Anchorage: 248-4777 or 1-800-770-4488 Kenai: 262-4955 or 1-888-260-9336
Fairbanks: 479-7940 or 1-800-770-7940 Mat-Su Valley: 357-2588 or 1-800-770-0228

NAMI (National Alliance for Mental Illness) Provides support, education, and advocacy for families, friends and individuals with severe brain disorders (including schizophrenia, bipolar, schizoaffective, depression, obsessive-compulsive, anxiety disorder, attention deficit and hyperactivity disorders).

Anchorage: 272-0227 Barrow: 852-3006 Homer: 399-1465 Fairbanks: 456-4704
Ketchikan: 225-8552 Juneau: 463-4251

National Highway Traffic Safety Administration's (NHTSA)

Provides a listing of child passenger safety seat (car-seat) inspection locations. Certified inspectors at these locations can provide guidance on proper child restraint use and installation.

Toll Free: 1-888-327-4236 PacificNorthwestRegion@dot.gov

Salvation Army: Services vary throughout the state but may include youth activities, food assistance and emergency relief.

Klowock: 755-2769
Anchorage: 349-9080, 375-3583 Hoonah-945-3359 Kodiak: 486-8740
Cordova: 424-313 Juneau: 586-2136 Mat-Su Valley: 745-7079
Fairbanks: 452-3103 Kake: 785-3580 Petersburg: 772-4586
Haines: 766-2470 Kenai: 283-3879 Sitka: 747-3358
Homer: 235-2609 Ketchikan: 225-5277 Wrangell: 874-3753

Denali Family Services: Serves children who require intensive behavioral health care services and their families. Offers individual, family and group psychotherapy services in combination with intensive case management and rehabilitative services.

Anchorage 1251 Muldoon Rd, Phone: 907-274-8281

Wasilla: 291 E. Swanson Phone: 907-376-3275

Four A's (Alaska AIDS Assistance Association): Provides services for individuals with HIV & AIDS. 1057 W. Fireweed, Suite 102, Anchorage, AK 99501

Phone: 263-2050 Toll Free 1-800-478-AIDS

Consumer Credit Counseling

Phone: 279-6501 208 E 4th Ave. Anchorage, AK 99501

Children's Psychiatric Services

Mental Health Emergency Counseling563-3200

Alaska Children's Services: Psychiatric residential treatment center for children and adolescents with moderate to severe emotional and behavioral disorders.

4600 Abbott Road Anchorage Alaska

Phone: 907-346-2101 e-mail: akchild@ak.net

website: <http://www.acs.ak.org>

North Star behavioral Health: Hospital & Residential Treatment Centers •

Behavioral health services for Alaska's youth 4 to 17 years of age.

Anchorage: DeBarr . Bragaw; Palmer 907.258.7575 |

Toll free: 800.478.7575 . 24-hour crisis

Based on the seriousness of the situation, some children come to the hospital for intensive short-term treatment to begin the healing process then return home, while others need the stability of longer-term residential treatment program to learn the skills needed for emotional and social stability and security.

2530 Debarr Road,
Anchorage, 99508
74-bed acute psychiatric
hosp
Child, pre-teen,
adolescent

1650 S. Bragaw Street,
Anchorage, 99508
Adolescent girls 13-17
36-bed acute psychiatric
hosp
boys ages 4-17

Palmer RPTC:
Mile 2.5, 3647 N.
Clark Wolverine Rd
Palmer, AK 99645
907-761-7400

Adolescent Alcohol & Drug Information Programs
(Prime for Life under 21:PRI)
Assessment, Counseling & Limited Residential Treatment

Aeon Counseling Anchorage, AK PRI & Counseling 907-562-4606	Family Centered Services of AK. Fairbanks, AK Assess & Counseling 907-474-0890	Starting Point Eagle River, AK Counseling & Education 907-694-6116
Alaska Family Services Wasilla, AK PRI & Counseling Turn Around Program 907-376-4000	Gateway Center for Human Services Ketchikan, AK Assess, Counseling, PRI 907-225-4135	Seaview Community Serv Seward, AK Assess, Counseling, PRI 907-224-5257 Crisis line: 907-224-3027
AK Island Community Services Assess, Counseling, PRI Wrangell, AK 907-877-2373	Juneau Youth Service Juneau, AK Assess, Counseling, PRI 907-523-6755	Sitka Counseling & Prevention Services Assess, Counseling, PRI 907-747-3636 Crisis intervention: 888-906-4538 (24/7)
AK Native Justice Ctr. Anchorage, AK PFL 907-793-3550	Ketchikan Indian Tribal Health Clinic Assess, Matrix O.P, & Counseling 907-228-9200	Yukon Kuskokwim Health Corp Bethel, AK 907-543-6000
Aleutian/Pribilof Island Association Assess, Counseling PRI St Paul 907-546-2310 Unalaska 907-581-2742	Life Skills Academy Anchorage, AK 4141 B Street 907-561-5252	Volunteers of America Anchorage, AK Assess, Counseling, PRI 907-279-9634
Bristol Bay Counseling Dillingham, AK PFL & Assessment 907-842-1230 Toll free 800-510-1230	Raven's Way Sitka, AK Assessment, Counseling Residential Treatment 907-966-8714	Norton Sound Behavioral Health Nome, AK Serves 15 villages 907-443-3333

	1-800-770-3063	
Cook Inlet Council on Alcohol and Drug abuse PRI and Counseling Kenai, AK 907-283-3658		

Medical & Dental Services/Community Mental Health Services

Mental Health

Emergency Counseling

24 hr. Crisis Line: 563-3200

Non-Crisis: 563-1000

The Professionals

Physician Referral/Nurse Advice & Health Info Library Phone: 261-4900

Alaska Information Line (Akinfo)

SouthEast Alaska Regional

Health Consortium Front St. Clinic

225 Front Street, Suite 202

Juneau, AK 99801

Phone: (907) 463-4201

Statewide Directory of Human Services Providers

Toll-free: 1-800-478-2221

www.ak.org

Anchorage Neighborhood Health Ctr

1217 East 10th Avenue

Phone: 257-4686

Dental: 257-4661

Geneva Woods Pharmacy

1200 Airport Heights Dr.

3245 Hospital Drive

Anchorage, AK 99508

Juneau, AK 99801 & Phone:

(907) 297-1111

Contact: D'Lynn Wynne

Respite Opportunities

Volunteers of America has limited funds to provide respite for grandparents (55 years and older) raising grandchildren and, unfortunately, none at this time for other kinship caregivers. The following organizations provide programs statewide. Even though they do not have specific monetary resources to provide respite for grandparents and other kinship caregivers, they do occasionally provide scholarships or sliding fee scales for children from low-income families.

Boys and Girls Club

Club locations in: Anchorage, Angoon, Barrow, Dillingham, Copper Center, Eagle River, Elim, Emmonak, Fairbanks, Galena, Homer, Hydaburg, Juneau, Kake, Kenai, Ketchikan, King Cove, Kivalina, Kotzebue, Metlaktla, Naknek, Nikiski, New

Stuyahok, Nome, North Pole, St. Mary's, Sand Point, Selawik, Seldovia, Seward, Soldotna, Tok Junction, Tyonek, Wasilla, Wrangell **Phone toll-free: 1-800-854-CLUB**

Campfire: Locations in Anchorage and Eagle River: **Phone: 279-3551**
Campfire also has Rural Summer Camps in various locations across the state.

Girl Scouts: Anchorage: 907-248-2250.

Boy Scouts: To locate a troop in your area: Phone toll-free: 1-800-478-9549

4-H Programs in:

Anchorage; Bethel; Kenai; Mat-Su, Fairbanks, Cooper River; Nome, Southeast, Tanana District. Phone: 907-474-5211

Salvation Army

Youth programs & drop-in centers at various statewide locations
Phone: 907-562-5408

**Respite Opportunities for families raising children
with developmental disabilities**

Hope Community Resources:

Anchorage/South Central Region: 561-5335
Barrow/North Slope Borough Region: 852-2157
Dillingham/Bristol Bay Region: (800) 478-2117
Kenai Peninsula Region: 260-9469
Kodiak/Aleutians Region: 486-5011
Mat-Su Valley Region: 357-3750
Juneau/Southeast Region: 463-3602

ASSETS 2330 Nichols St Phone: 277-6677 Anchorage, AK 99508

Arc of Anchorage 2211 Arca Drive. Phone: 277-6677, 6617

Legal Assistance

Alaska Legal Services Corporation (ALSC) Local Offices

ALSC offices are located in the following communities.

Most of our offices are open from 9 a.m. to 5 p.m., Monday through Friday.

Some offices close from 12-1pm for lunch.

Please Note:

We are sorry, but we cannot respond to legal questions or requests sent by email. Any information that you send by email is not confidential and not protected by the attorney-client privilege. Persons wishing to apply should follow the procedures laid out on our application page

Anchorage Law Office

1016 West Sixth Avenue, Suite 200
Anchorage, Alaska 99501
(907) 272-9431
Toll-Free Outside Anchorage 1-888-478-2572.
Fax: (907) 279-7417
E-mail: anchorage@alsc-law.org

Bethel Law Office

P.O. Box 248
Bethel, Alaska 99559-0248
(907) 543-2237
Toll-Free Outside Bethel (800) 478-2230
Fax: (907) 543-5537
E-mail: bethel@alsc-law.org

Barrow Law Office

P.O. Box 351
Barrow, Alaska 99723
Phone:(907) 855-8998
Fax: (907) 852-6356
E-mail: barrow@alsc-law.org

Dillingham Law Office

P.O. Box 176
Dillingham, Alaska 99576-0176
(907) 842-1452
Toll-Free Outside Dillingham (888) 391-1475
Fax: (907) 842-1430
E-mail: dillingham@alsc-law.org

Fairbanks Law Office

1648 Cushman, Suite 300
Fairbanks, Alaska 99701-6202
(907) 452-5181
Toll-Free Outside Fairbanks (800) 478-5401
Fax: (907) 456-6359
E-mail: fairbanks@alsc-law.org

Kenai Law Office

P.O Box 2463
100 Trading Bay Drive Unit 5
Kenai, AK 99611
Phone: 907-395-0352
Fax: 907-395-0938
E-mail:kenai@alsc-law.org

Juneau Law Office

419 6th Street, Suite 322
Juneau, Alaska 99801-1096
(907) 586-6425
Toll-Free Outside Juneau (800) 789-6426
Fax: (907) 586-2449
E-mail: juneau@alsc-law.org

Ketchikan Law Office

306 Main Street #218
Ketchikan, Alaska 99901-6483
(907) 225-6420
Fax: (907) 225-6896
E-mail: ketchikan@alsc-law.org

Kotzebue Law Office

P.O. Box 526
Kotzebue, Alaska 99752-0526
(907) 442-3500
Toll-Free Outside Kotzebue: (877) 622-9797
Fax: (907) 442-4111
E-mail: kotzebue@alsc-law.org

Nome Law Office

P.O. Box 1429
Nome, Alaska 99762-1429
(907) 443-2230
Toll-Free Outside Nome: (888) 495-6663
Fax: (907) 443-2239
E-mail: nome@alsc-law.org

Palmer Law Office

P.O. Box 871
Palmer, AK 99645
(907) 746-4636

Alaska Legal Services Corporation (ALSC)

Through its Family Caregiver Program, Alaska Legal Services may provide legal assistance to grandparents who are at least 60 years old and raising their

grandchildren. Assistance may include advice and counsel, preparation of parental rights delegation forms, and guardianships where the natural parents are unable or unwilling to fulfill their parental duties. Preference is given to persons who are in social and/or economic need. ALSC may also lend assistance (legal advice, information, representation in court and administrative hearings, referrals, community education, and training in legal issues) for the following problems:

- Income Maintenance – Alaska Senior Assistance Program, Social Security, SSI, Adult Public Assistance, and Food Stamps
- Housing – Landlord/Tenant, Public Housing, Assisted Living, and Nursing Homes
- Health Care – Medicaid, Medicare, Long-Term Care Issues, Other Health Related Problems
- Wills – Power of Attorneys, Living Wills, and Testamentary Wills
- Consumer Issues

Alaskan Native Justice Center

Provides legal advocacy services and referrals, victim advocacy, restorative justice training and technical assistance, juvenile delinquency prevention, research and policy review of Alaska Native issues. The Alaskan Native Justice Center can provide services to families and individuals involved with the child welfare system.

3600 San Jeronimo Dr, #264, Anchorage, AK 99508 **Phone: 793-3550**; Fax: 793-3570

Disability Law Center of Alaska

A non-profit organization that provides legal advocacy services for Alaskans with physical and/or mental disabilities. The Disability Law Center responds to complaints of abuse, neglect, or denial of rights; provides self-advocacy training, intervenes or assists individuals in advocating for their rights and distributes material on legal rights, special education, and public benefits. Local offices:

Anchorage
3330 Arctic Blvd., Ste. 103
Phone: 565-1002
Toll-free: 1-800-478-1234
Fairbanks
1949 Gillam Way, Ste. H
Phone: 456-1070

Bethel
460 Ridgecrest Dr # 213
Phone: 543-3357
Juneau
230 South Franklin, Ste. 206
Phone: 586-1627

The Family Law Self-Help Center

The Family Law Self-Help Center is a statewide public service provided by the Alaska Court System dedicated to helping self-represented people achieve a better understanding of family law procedures; increase access to family law courts, and facilitate quicker resolution of family law matters.

The Center provides information on Divorce, Dissolution, Custody, Paternity and Child Support. They can provide referral information for Adoption, Change of Name, Emancipation, Grandparent Rights, Legal Separation, Powers of Attorney & Health Care Directives, and Guardianship/Conservatorship.

They do not give legal advice or represent you in court. You are responsible for your own case. The Center is staffed by skilled neutral people who provide valuable legal information and educational materials as a public service.

There is no attorney-client relationship between you and the staff. The Center does not take the place of an attorney and cannot advise you on strategy or tell you what to say in court. You are strongly encouraged to seek the services of a private attorney for legal advice and strategy. Your communications with the staff are not confidential and the staff is available to help both parties. The Center staff does not act on behalf of the court or any judge. The judge in your case may require you to change a form or to submit a different one. The judge is not required to grant your request.

Statewide Telephone Helpline Number:

Anchorage: 264-0851

Toll-free Statewide: 1-80-478-1234

The website has downloadable forms and more information:

<http://www.state.ak.us/courts/selfhelp.htm>

Telephone Helpline Hours:

Tues.-Thur: 1:30--4:30

Mon-Wed: 8:30--Noon

Lawyer Referral Service

Listing of local lawyers and their specialtiesPhone:907-272-0352

Toll free in Alaska 1-800-770-9999

Veteran Support

Veterans Center/Resource 4201 Tudor Center Dr. Suite 115, Anchorage, AK

Phone: 563-6966

Department of Military & Veterans Affairs 2925 DeBarr Road Anchorage, AK

Phone: 257-4700

Domestic Violence Support

**Anchorage Multi-Service
Counseling & Assessment Center**

Provides DV monitoring; state approved.

4325 Laurel Street, Anchorage, AK
Phone: 907- 561-2805

**Abused Women's Aid in Crisis
(AWAIC)**

Assists abused women and children.

100 West 13th Avenue, Anchorage
Phone: 907-279-958;
Crisis Line: 907-272-0100

Center for Men & Women

Provides DV monitoring; state approved; individual & family counseling, anger management.

600 Cordova Street, Suite 3, Anchorage
Phone: 907-272-4822
Hot Line: 563-3200

The Recovery Connection (LLC)

500 Muldoon rd., Suite 9
Phone: 907-332-7660

**Domestic Violence Restraining
Order**

DV Restraining Order
303 K Street, Anchorage
Phone: 907-264-0615

**Standing Together Against Rape
(STAR) Rape Crisis Center**

1057 W Fireweed Lane, Suite 230,
Anchorage, AK Phone: 907-276-7279
24 Hour Crisis Line: 907-276-7273

Victims for Justice

Serves victims of violent crime.
1057 W Fireweed Lane, Suite 101,
Anchorage Phone: 907-278-0977

**Dept of Health & Social Services:
Adult Protective Services**

Helps to prevent or stop harm from occurring to vulnerable adults.
Phone: 907-269-3666

Senior & Disability Services

Serves seniors, adults with physical disabilities and seniors on Medicaid Waivers, persons with developmental disabilities, vulnerable adults and assisted living providers. Phone: 907-269-3666

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: Domestic violence causes far more pain than the visible marks of bruises and :
: scars. It is devastating to be abused by someone that you love and think :
: loves you in return. It is estimated that approximately 3 million incidents of :
: domestic violence are reported each year in the United States." :
:

--Dianne Feinstein (Amer. Senator)--

Food Voucher Programs

WIC – Women, Infants, and Children

WIC is a nutritional program that helps infants and young children (0 – 5 years of age) eat well, learn about good nutrition and stay healthy. WIC provides checks that can be redeemed for baby food, formula, eggs, cheese, milk, juice, cereal, dry beans and peas, and peanut butter. Children qualify for WIC if they are being raised by their grandparents or other relatives, but have not been adopted by their caregiver. Some grandparents who have adopted grandchildren may still qualify for the program based on their own income. If you do not find your community on the list of local offices below, you can apply for WIC through your village health center or Public Health Nurse.

WIC Local Offices

Clinic Name	City	Phone
Alaska Family Services - Homer WIC Clinic	Homer	235-5495
Alaska Family Services - Kenai WIC Clinic	Kenai	283-4172
Alaska Family Services - Palmer WIC Clinic	Palmer	746-4080
Alaska Family Services - Seward WIC Clinic	Seward	283-4172
Alaska Family Services - Wasilla WIC Clinic	Wasilla	376-4080
Aleutian/Pribilof Islands Association WIC Clinic	Anchorage	276-2700
ASYMCA Elmendorf Clinic	Elmendorf AFB	580-6481
ASYMCA Richardson Clinic	Fort Richardson	384-2033
Bristol Bay Area Health Corp. WIC Clinic	Dillingham	842-2036
Cook Inlet Tribal Council WIC Clinic	Anchorage	729-3177
EYAK - Cordova WIC Clinic	Cordova	424-8292
EYAK - Valdez WIC Clinic	Valdez	1-800-457-5731
Kodiak Area Native Association WIC Clinic	Kodiak	486-1372
Maniilaq Association - WIC Clinic	Kotzebue	442-7181
Metlakatla Indian Community WIC Clinic	Metlakatla	886-6912
MOA - "L" Street WIC Clinic	Anchorage	343-4773
MOA - Alaska Regional Hospital WIC Clinic	Anchorage	343-4500
MOA - Eagle River WIC Clinic	Eagle River	343-1520
North Slope Borough WIC Clinic	Barrow	852-0410
Norton Sound Health Corp. WIC Clinic	Nome	443-3299
RCPC - Eilson AFB WIC Clinic	Eielson AFB	377-3119
RCPC - Fairbanks WIC Clinic	Fairbanks	456-2990 ext 101
SEARHC - Juneau WIC Clinic	Juneau	463-4099
SEARHC - Ketchikan WIC Clinic	Ketchikan	225-3392
SEARHC - Sitka WIC Clinic	Sitka	966-8352
TCC/CAIHC WIC Clinic	Fairbanks	451-6682 ext. 3778
Yukon-Kuskokwim Health Corp. WIC Clinic	Bethel	543-6459

Anchorage Area Food Voucher Programs

Family Nutrition and Health Services

Formerly WIC
Phone: 343-4500

Friends in Services to Humanity (FISH)

Free Delivery to Anchorage Area
Phone: 277-0818

Programs for Seniors:

Mabel T. Caverly Senior Center
Phone: 276-1496

Salvation Army

Older Alaskans Program

Phone: 349-0613

Division of Public Assistance

Food Stamps
Phone: 269-6599

South Central Foundation

Elders Program Daily Lunch & Mid
Month Food Box
Phone: 729-6500

Housing Programs

Homeownership Center of Alaska

This division of Consumer Credit Counseling Service of Alaska provides a free and confidential Pre-Purchase Assessment that includes a private review of the customer's credit history and also an assessment of "debt to income ratio" and purchasing ability so that the customer will know what price home they can afford. Also provides:

- First Time Home Buyer Classes (HUD & AHFC approved curriculum)
- Mortgage Default Counseling (to avoid foreclosure)
- Rental Delinquency Counseling (to avoid eviction)
- Reverse Mortgage Counseling (a special type of home loan that lets a homeowner convert the equity in his or her home into cash)

208 East Fourth Ave. Anchorage, AK 99501

Phone: 279-6501 Toll Free: 1-800-478-6501

<http://www.nfcc.org/>

Alaska Housing Finance Corporation (AHFC)

In addition to providing rental assistance for qualifying families, AHFC provides assistance to eligible Alaskans for low-interest loans for home ownership. Many AHFC programs offer Alaskans the opportunity to purchase their own homes. AHFC offers classes on several topics including the pros and cons of homeownership, shopping for a mortgage, responsibilities of home ownership, getting started on a budget, shopping for a home, AHFC loan programs, making an offer, home inspections, building energy efficiency standard homes, your mortgage loan and closing. By attending these classes, you may save up to \$250 on AHFC's fee and receive a discount on FHA's Mortgage Insurance.

P. O. Box 101020 Anchorage, AK 99510

Phone: 338-6100 Toll Free: 1-800-478-2432

Administration of Housing Programs in Alaska

Tenant based rental assistance, housing vouchers and homeownership

Alaska Housing Finance Corporation 4300 Boniface Pkwy. Anchorage, AK 99504 (907) 338-6100 (907) 338-9218 (f) www.ahfc.state.ak.us	Aleutian Housing Authority 520 E. 32nd Ave. Anchorage, AK 99503 (907) 563-2146 (907) 563-3105 (f) www.aleutian-housing.com
Alaska Housing Finance Corporation 4300 Boniface Pkwy. Anchorage, AK 99504 (907) 338-6100 (907) 338-9218 (f) www.ahfc.state.ak.us	AVCP Reg. Housing Auth. PO Box 767 Bethel, AK 99559-0767 (907) 543-3121 (907) 543-3933 (f) www.avcphousing.org
Baranof Island Housing Authority 245 Katlian St. Sitka, AK 99835 (907) 747-5088 (907) 747-5701 (f) www.baranofislandhousing.org	North Pacific Rim Housing Auth. 8300 King St. Anchorage, AK 99518 (907) 562-1444 (907) 562-1445 (f) www.nprha.com
Northwest Inupiat Housing Authority PO Box 331 Kotzebue, AK 99752-0331 (907) 442-3450 (907) 442-3486 (f) www.nwiha.com	Bering Straits Reg. Housing Auth. PO Box 995 Nome, AK 99762-0995 (907) 443-5256 (907) 443-8652 (f) www.bsrha.org
Bristol Bay Housing Authority PO Box 50 Dillingham, AK 99576-0050 (907) 842-5956 (907) 842-2784 (f) www.bbha.org	Cook Inlet Housing Authority 3510 Spenard Rd. Suite 201 Anchorage, AK 99503-2745 (907) 793-3000 (907) 793-3075 www.cookinlethousing.org
Copper River Basin Reg. Housing Auth. PO Box 89 Glennallen, AK 99588 (907) 822-3633 (907) 822-3662 (f) tnutter@crbrha.org	Interior Reg. Housing Auth. 828 27th Avenue Fairbanks, AK 99701-6918 (907) 452-8315 (907) 456-8941 (f) www.irha.org
Kodiak Island Housing Authority	Tagiugmiullu Nunamiullu (TNHA)

3137 Mill Bay Rd. Kodiak, AK 99615-7032 (907) 486-8111 (907) 486-4432 (f) www.kodiakislandhousing.org	PO Box 409 Barrow, AK 99723-0409 (907) 852-7160 (907) 852-2038 www.tnha.info
Tlingit-Haida Regional Housing Authority PO Box 32237 Juneau, AK 99803-2237 (907) 780-6868 (907) 780-6895 www.thrha.org	Ketchikan Indian Community Housing Authority 615 Stedman Ketchikan, AK 99901 (907) 228-9226 (907) 228-5286 (f) www.kictribe.org
Assn. of Alaska Housing Authorities 4300 Boniface Pkwy Anchorage, AK 99504 (907) 338-3970 (907) 338-4904 (f) www.aahaak.org	AAHA Affiliate Members Alaska USA Federal Credit Union First National Bank Alaska Key Bank Northrim Bank Wells Fargo

Anchorage Neighborhood Housing Services, Inc.

The Anchorage Neighborhood Housing Loan Program is available for ADA certified persons to purchase a home. The total loan is up to \$80,000, has a rate of 3% to 4% depending on income, and can be combined with a second mortgage. Funding is provided through AHFC on a funding availability basis. The goal of this program is to assist low to moderate-income families in becoming homeowners. This program assists homebuyers by funding a portion of the down payment and closing costs. The down payment assistance funds are used to lower the first mortgage and make the monthly payments more affordable.

480 W Tudor Rd Anchorage, AK 99503 Phone: 677-8490 www.akanhs.org/

U.S. Department of Housing and Urban Development (HUD)

HUD's mission is to make Americans a partner in the nation's economic progress by helping people create communities of opportunities. This mission requires HUD staff to work in close partnership with State and Local governments, non-profits, housing authorities, tribal entities, lenders and other organizations that are committed to community development. As a federal funding agency, HUD's program funds target the low-to-moderate residents by funding rental assistance, homeless support, homeownership/housing opportunities, job training and other community needs.

949 East 36th, Suite 401 Anchorage, AK 99508

Phone: 677-9800 <http://www.hud.gov>

Minor Repair Program

The Minor Repair Program, funded through the U.S. Department of Housing and Urban Development's Community Development Block Grant is available within the vicinity of Anchorage only. The grant provides assistance for increased accessibility, energy efficiency and repairs threatening health or safety in owner-occupied homes (includes single homes, condos, and mobile homes).

480 West Tudor road Anchorage, AK 99503

Phone: 907-677-8490

Email: info@nwanchorage.org

Weatherization Grant Programs

AHFC administers weatherization programs that have been created to award grants to nonprofit organizations for the purpose of improving the energy efficiency. Also provides "life safety" home improvements to low-income residents at no cost to the household, but within limited Federal and State spending. Training and technical assistance are available concerning housing energy efficiency. Funds provided by the U.S. Department of Energy and AHFC. Contact the program provider for their area listed below.

**Bristol Bay, Copper River Valley,
Kenai-Peninsula Borough, Mat-Su
Borough, Southeast Alaska (except
Juneau), Prince William Sound &
Aleutians**

AK Com. Development Corporation
1517 S Industrial Way STE 8
Palmer, AK, 99645
Phone: 746-5680

Toll Free: 800-478-8080

Fairbanks/North Star Bureau

Interior Weatherization Rd. System:
S.to Cantwell-E.to Delta Junction
713 15th Ave. Fairbanks, AK 99701
Phone: 452-5323 Toll Free: 800-478-
5323

**Western AK/Northern AK
RuralCAP**

PO Box 200908 Anchorage, AK 99520
Phone: 279-2511 Toll-free: 800-478-
6343

Municipality of Anchorage

557 E. Fireweed Anchorage, AK 99503
Phone: 907-771-7800

Interior Alaska

Tanana Chiefs Conference (TCC)
122 1st Ave
Fairbanks, AK 99701
Phone: 452-8251 x 3419
Toll free: 800-478-6822 x 3419 or x
3483

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: Winds whistle shrill, Icy and chill
: Little we care; Little we fear
: Weather without, Sheltered about
:
--William Makepeace Thackeray--

Anchorage Area Emergency Shelters

Shelter Provider	Phone Number	Type of Clients Served
Anchorage Rescue Mission 2823 Tudor Road	563-5603	singles only
AWAIC 100 W. 13th Avenue	272-0100 (crisis) 279-9581 (office)	abused women and children
Alaska Youth & Parent Foundation (AYPF) Runaway Shelter	274-6541	runaway teens
Brother Francis Shelter 1021 E. 3rd Avenue	277-1731	singles only
Clare House 420 W. 54th Avenue	563-4545	pregnant women and women with children
Covenant House 750 West 5th Avenue	272-1255	teens up to 21 years
The Salvation Army McKinnell House 1700 A Street	276-1609	two-parent families and single men with children
American Red Cross: South Central Alaska Chapter 235 East 8 th Ave, Ste 200	646-5401	Temporary housing immediately following disaster (fire, flood, earthquake) victims.
Willa's Way: Alaska Native Safe Housing Program	729-5070	Serves native women only
Bean's Café Day Shelter 1101 East 3 rd Ave.	274-9595	Provides day shelter and meals

Transitional Housing

Safe Harbor Inns are non-profit hotels with a mission is to provide safe, secure, comfortable, dignified transitional lodging for homeless families and individuals—especially those with disabilities, and especially those with mental disabilities—who are clients of local social service agencies, health care organizations, and job training and employment organizations. Families pay subsidized rent. Occupancy requires a referral from a partner agency that provides on-going case management for duration of stay.

Safe Harbor Merrill Field 1905 E 4th Ave Anchorage, AK |

Phone: (907) 868-7373, Fax: (907) 868-7757

Safe Harbor Inn Muldoon 207 Muldoon Road Anchorage, AK 99504

Fax: (907) 929-3424, Phone: (907) 644-8525

Provider	Phone Number
Abbott Loop Community Chapel 2626 Abbott Road, Anchorage	349-9641
Anchorage Community Mental Health Services (ACMHS) 2735 East Tudor Road, Anchorage	563-1000 office Crossover House
ARC of Anchorage 2211-A Arca Drive, Anchorage	277-6677
Covenant House of Alaska 750 West 5th Avenue, Anchorage	258-4237
Four A's (Alaskan AIDS Assistance Association) 1057 W. Fireweed Lane, Suite 102, Anchorage	263-2050
Mental Health and Development Disabilities, State of Alaska 801 East Tudor Road, Suite 260, Anchorage	(907) 465-3370 269-3600 465-3371
Interior Aids Association (for rental assistance) 710 3rd Avenue, Fairbanks	(907) 452-4222
Central Peninsula Community Mental Health 506 Lake Street, Kenai	(907) 283-7501
Behavioral Health Services of Mat-Su 1363 W. Spruce Avenue, Wasilla	(907) 376-2411
Family Promise Mat-Su 690 E. Knik Goose bay Road, Wasilla, AK 99654	(907) 357-6160

Division of Vocational Rehabilitation

Central Office

801 W. 10th Street
Juneau, AK 800-478-2815

Anchorage Admin.

Office 1251 Muldoon Rd
269-3570; 1-800-478-4378

Wasilla Office

877 W. Commercial
1-800-770-4124

Fairbanks Office

751 Old Richardson Hwy
1-800-478-2839

Kenai Branch Office

145 Main St. Loop, S 102
1-800-478-3136

Ketchikan Office

2030 Sea Level Dr. 220-A
1-800-478-5387

Employment Opportunities: STATE OF ALASKA

Alaska Department of Administration/Division of Personnel: 1-800-587-0430
Anchorage Job Lines): 269-4770
Mat-Su Job Lines: 1907-352-2593
Alaska Court System: 264-8255

Senior Employment: Mature Alaskans Seeking Skills Training (MASST)

The MASST program assists seniors, age 55 or older, with developing marketable job skills. The intent of this program is to place older individuals in community service positions and provide job training to help them become self-sufficient, provide much needed support to organizations that benefit from increased civic engagement, and strengthens the communities that are served by such organizations. This program helps Alaska retain the valuable resources of older workers while enabling this population to maintain an independent lifestyle and make meaningful contributions to their communities.

In Anchorage:

Muldoon Job Center
Robert Barton, MASST Coordinator
1251 Muldoon Road, Suite 111
Anchorage, Alaska 99504
(907) 269-2029
Fax (907) 269-2032
dol.masst@alaska.gov

In Southeast Alaska:

Southeast Regional Resource Center
Susan Bus, MASST Coordinator

In Fairbanks:

Adult Learning Programs of Alaska
Tom Howard, MASST Coordinator
60 Hall Street
Fairbanks, Alaska 99701
(907) 452-6434 ext. 223
Fax (907) 451-6598
thoward@adultlearning.org

On the Kenai Peninsula:

Jenne Long
Older Worker Specialist

210 Ferry Way
Juneau, Alaska 99801
(907) 523-7271
Fax (907) 586-5673
susanb@serrc.org

In the Mat-Su Valley:

Palmer Senior Citizens Center
Rick Van Tassel, Older Worker Specialist
1132 South Chugach Street
Palmer, Alaska 99645
(907) 761-5040 or 761-5038
Fax (907) 746-5173
pscows@mtaonline.net

Mile 26.1 or P.O. Box 6973
Nikiski, Alaska 99635
(907) 776-7583
Fax (907) 776-7632
jlong@adulthoodlearning.org

Other Alaska locations:

Employment Security Division
Rita Bowen, MASST Program
Coordinator
1111 West 8th Street, Room 210 or
P.O. Box 115509
Juneau, Alaska 99811-5509
(907) 465-4872
Fax (907) 465-5945
rita.bowen@alaska.gov

Alaska Employment Job Centers & Day Labor:

3301 Eagle Street Phone: 907-269-4800
400 Gambell Street Phone: 907-269-6414
1251 Muldoon Road Phone: 907-269-0000
Eagle River Phone: 907-694-6904
Workforce Development Phone: 907-343-4057

Job Hotlines

Pre-recorded job hotlines are constantly being updated with valuable information about employment opportunities:

Unless indicated, these are not toll-free numbers and the area code 907 must be placed in front of the number when dialing.

<u>Alaska Communication Systems (ACS)</u>	564-1515
<u>Alaska Children's Services</u>	346-1271
<u>Alaska Housing Finance Corp.</u>	800-495-5627
<u>Alaska Native Health SVS</u>	729-1300
<u>Alaska Railroad</u>	265-2430
<u>Alaska Regional Hospital</u>	264-1539
<u>Alaska Seafood International</u>	770-8350
<u>Alaska Special Education & Training</u>	258-7235
<u>Alyeska Pipeline</u>	787-8842

Alyeska Resort Hotel.....	754-2250
<u>Anchorage Daily News</u>	257-4402
<u>AT & T Alascom</u>	264-7112
<u>BP Exploration</u>	564-4999
<u>Carrs and Safeway</u>	269-4770
<u>Chugach Electric</u>	762-4850
<u>Enstar</u>	264-3688
<u>ERA Aviation</u>	266-8346
Federal Express (FedEx).....	249-3246
First National Bank.....	777-3470
General Communications Inc.....	777-6799
Hope Cottages.....	562-6226
Key Bank.....	564-0377
Municipality of Anchorage.....	343-4451
National Bank of Alaska.....	265.2197
Northern Air Cargo.....	249-5187
Peak Oilfield Services	263-7024
Penn Air.....	566-2166
Phillips Alaska Inc	263-4100
PMC Telecommunications.....	267-2743
Princess Tours.....	566-1038
Providence Hospital.....	261-3049
Salvation Army - Clitheroe Center.....	276-3722
Southcentral Counseling.....	563-1011
United Parcel Service (UPS).....	249-6235
University of Alaska.....	786-4887
US Postal Service.....	564-2964
VECO.....	800-877-1501

US GOVERNMENT

Alaska Housing Finance Corp.....	800-495-5627
Elmendorf Civilian Personnel.....	552-4215
Ft Richardson Civilian Personnel.....	384-1376
National Parks Service.....	257-2526
Office of Personnel Management.....	912-757-3000
US Fish & Wildlife.....	786-3371
Veterans Affairs.....	257-6797

KIDS' ACTIVITIES

Build something at The Home Depot and Lowe's kid clubs for FREE

Free to children of all ages, each store's kids' club provide aprons (to keep), tools, safety goggles and kits to build various easy woodworking projects such as birdhouses, bookshelves and wooden toys. Home Depot on Abbott holds their kids' club the first Saturday of every month 9am-12pm while supplies last (and I've never seen them run out but it can get crowded around the tables). Lowe's on Old Seward and O'Malley holds theirs the 2nd Saturday at 10am. Children get certificates of completion and patches to put on their aprons each time they complete a project. It's great fun and our kids have loved participating.

Museums

<u>Alaska Native Heritage Center</u>	<u>8800 Heritage Center Drive</u>	Anchorage	330-8000 / (800) 315-6608	Open Year Round
The Alaska Native Heritage Center is a gathering place that celebrates, perpetuates and shares Alaska Native cultures. Since opening in 1999, the Center has become Alaska's premier interactive cultural destination.				
<u>Anchorage Museum of History & Art</u>	<u>Downtown Anchorage, Corner of 7th & A</u>	Anchorage	907-343-4326	Open Year Round
The largest museum in Alaska, the Anchorage Museum is a community-based institution with exhibits and programs on the art, history and cultures of Alaska. Over 20 exhibitions are presented each year to more than 200,000 visitors. The Museum also presents a full calendar of public programs and art classes. We invite you to explore the many features of the Anchorage Museum of History and Art.				
<u>Heritage Library Museum</u>	<u>301 West Northern Light</u>	Anchorage	907-265-2834	Call for details
The Heritage Library and Museum, established in 1968 by the National Bank of Alaska, focuses on Alaskan history and cultures. It features an extensive collection of Alaska Native artifacts, a fine art by Alaskan artists and a 2,600 volume reference library of books on Alaska subjects.				
<u>Alaska Museum of Natural History</u>	<u>201 N. Bragaw Mountain View</u>	Anchorage	(907) 274-2400	Open Year Round
The non-profit Alaska Museum of Natural History fills a special need for science education in Alaska. No other organization in the state educates exclusively on Alaska's unique geological, cultural, and ecological history.				
<u>University of Alaska Museum of the North</u>	<u>907 Yukon Drive</u>	Fairbanks	907-474-7505	
<u>Alaska State Museum</u>	<u>395 Whittier Street</u>	Juneau		Open Year Round
The Alaska State Museum was established on June 6, 1900, when an Act of Congress created the Historical Library and Museum for the Territory of Alaska. The purpose of the Museum was to collect, preserve and exhibit objects from the territory. Although the collection of artifacts and volumes grew rapidly, a permanent place to house and display materials was not found for 20 years.				
<u>Museum of Alaska Transportation and Industry</u>	<u>3800 W Neuser Dr</u>	Wasilla		Open summers only
If your kids love big machines, you need to check out this museum. The 20 acre museum has a huge collection of				

artifacts from Alaska's history in the fishing, mining, farming, logging and oil industries. Indoor and outdoor displays feature boats, tractors, trains, aircrafts and construction equipment. There will be a steam engine display in July 23-24. It is only open during the summer months.

<u>Pratt Museum</u>	<u>3779 Bartlett Street</u>	Homer	907-235-8635	Open Year Round
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The Pratt Museum is dedicated to the process of education, exploring the natural environment and human experience relative to the Kachemak Bay region of Alaska and its place in the world. The Museum seeks to inspire self-reflection and dialogue in its community and visitors through exhibitions, programs, and collections in the arts, sciences and humanities

Science Centers

<u>Alaska Challenger Learning Ctr</u>		Kenai	907-283-2000	
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At a Challenger Learning Center of Alaska, students fly simulated space missions. The Learning Centers offer students the next best thing to actual space flight with a Mission Control room designed after NASA Johnson Space Center and an orbiting space station. When students arrive at a Challenger Learning Center, they are first greeted by Learning Center representatives decked out in NASA flight suits. These Flight Directors, many of them former classroom teachers, provide an orientation briefing in which the students are given an overview of the mission, as well as their crew assignments.

<u>Alaska Public Lands Info Ctr</u>	605 W. 4th Ave	Anchorage	271-2737	
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Whether you hike, camp, photograph, hunt, fish, or take a scenic drive, your first step should be into the Alaska Public Lands Information Centers. At the centers, you'll find natural and cultural resource exhibits, fish and wildlife information, trip-planning, films and videos, book and map sales, recreation and visitor information, and interpretive programs.

<u>Begich, Boggs Visitor Center</u>		Portage	907-783-2326	May to October
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If you are looking for something cool to do with your family -The Begich Boggs Visitor Center offers a host of walks and talks and special events. Check out their annual Nature Spooktacular and come find out about your favorite creepy crawlies & hairy scaries that go BUMP in the night! Go on a Ice Worm Safari or check out one of their films.

<u>Campbell Creek Science Center</u>	<u>6881 Abbott Loop Road</u>	Anchorage	267-1246	Open Year Round
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The Campbell Creek Science Center provides educational opportunities for adults, children, and families as well as meeting space for various groups. Visitors have access to creeks, forests, meadows, and a rich abundance of plant and animal life. The center is managed by the Bureau of Land Management and offers fee-based programs for preK-12 students on a full range of natural history and outdoor education topics. The center also offers free public programs through its Fireside Chat lecture series (the third Wednesday of each month, October through May) and Midsummer Night Science Series (on Wednesday evenings during July and August). For more information, please call 267-1247 or visit www.sciencecenter.ak.blm.gov.

<u>The Imaginarium</u>	<u>737 West Fifth Avenue</u>	Anchorage	276-3179	Open Year Round
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Picture a place where children's faces light up the second they enter, where "oohs" and "ahhs" are commonplace and where exciting, interactive learning is a cornerstone. Imagine such a place right here in Anchorage. Imagine the Imaginarium!

The Imaginarium, Alaska's only hands-on Science Discovery Center, is designed as a place where people can have fun learning about science by actually doing science.

Located in downtown Anchorage, The Imaginarium resembles a living laboratory where you can stand inside a bubble, ponder the magnitude of the universe in a planetarium, discover ocean life in a marine touch tank, observe and touch exotic reptiles, or learn the principles of physics while playing with specialized toys. Whatever the project or activity, you can be sure that it is designed to change children's attitudes about science by letting them ask the questions and look for their own answers. When it comes to creative, hands-on exhibits, demonstrations and curricula, The Imaginarium wins hands down!!

<u>Marie Drake Planetarium</u>	Marie Drake Middle School	Juneau	586-3034	Open Year Round
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Animals. Nature. Zoos.

<u>Alaska Bird Observatory, Inc</u>	<u>418 Wedgewood Drive</u>	Fairbanks	451-7159	Call for schedule
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The Alaska Bird Observatory is an Alaska nonprofit corporation. The mission of ABO is to advance the appreciation, understanding, and conservation of birds and their habitats through research and education.

<u>Alaska Botanical Gardens</u>	4601 Campbell Airstrip Rd	Anchorage		May 15 - September 15
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With over 1,100 species of hardy perennials, and 150 native plant species, the Alaska Botanical Garden is the place to experience the abundance of the summer arctic growing season and to learn about flora native to southcentral Alaska. From May through September (and occasionally into October) you will find flowering plants and shrubs in two perennial gardens, a formal herb garden, an alpine rock garden, and our wildflower walk. Check Alaska Kids Guide calendar - we post the family friendly activities at ABG.

<u>Alaska Musk Ox Farm</u>	<u>1/2 hour outside of Palmer</u>	Palmer	745-4151	Open May to September
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Every year we host thousands of visitors who come to view the animals, learn about the project and take advantage of this unique opportunity to see and photograph one of the Arctic's oldest living species. See tame cows, powerful bulls, and newborn calves that will make your heart melt.

<u>Alaska Public Lands Info Ctr</u>	605 W. 4th Ave	Anchorage	271-2737	
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Whether you hike, camp, photograph, hunt, fish, or take a scenic drive, your first step should be into the Alaska Public Lands Information Centers. At the centers, you'll find natural and cultural resource exhibits, fish and wildlife information, trip-planning, films and videos, book and map sales, recreation and visitor information, and interpretive programs.

<u>Alaska Raptor Center</u>	<u>1000 Raptor Way</u>	Sitka	643-9425	Call for schedule
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Growing from a backyard, volunteer-run operation, the Alaska Raptor Center has become Alaska's foremost bald eagle hospital and educational center, as well as one of the state's premier visitor attractions.

<u>Alaska Reindeer Farm</u>	<u>off 11.5 Old Glenn Highway</u>	Palmer	745-4000	Open May to September
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The reindeer farm offers a variety of enjoyable Alaskan activities, including reindeer tours, a gift shop, horse rides, and nearby hiking trails. Feed and pet these majestic northern animals, and you may even see elk, moose, and blacktail deer.

<u>Alaska Sealife Center</u>	<u>301 Railway Avenue</u>	Seward	224-6300 / (800) 224-2525	Open Year Round
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The Alaska SeaLife Center offers an unrivaled, up-close and personal experience with Gulf of Alaska marine wildlife. Witness a 2000+ pound Steller sea lion gliding past underwater viewing windows, puffins diving in a carefully crafted naturalistic habitat, and harbor seals resting on rocky beaches. Alaskan king crab, sea stars, and the Giant Pacific octopus also await you, as well as a whole variety of intertidal creatures and deep sea fishes.

<u>Alaska Zoo</u>	<u>4731 O'Malley Road</u>	Anchorage	346-2133	Open Year Round
Leopards, Tigers, seals, wolves, wolverines - the list go on and on. Visit the Zoo. Stop by and say hello to Maggie while you wander about viewings all the animals. The Zoo is open year round, Mon - Sun 10:00 AM - 5:00 PM. They are closed for Thanksgiving and Christmas.				
<u>Begich, Boggs Visitor Center</u>	Click Here for Directions	Portage	907-783-2326	May to October
If you are looking for something cool to do with your family -The Begich Boggs Visitor Center offers a host of walks and talks and special events. Check out their annual Nature Spooktacular and come find out about your favorite creepy crawlies & hairy scaries that go BUMP in the night! Go on a Ice Worm Safari or check out one of their films.				
<u>Big Game Alaska Wildlife Center</u>	Mile 79 Seward Highway	Portage	783-2025	Open Year Round
On the shores of Turnagain Arm, surrounded by mountains and hanging glaciers, Big Game Alaska Wildlife Center is the perfect place to learn about Alaska wildlife. Drive through in the comfort of your own vehicle or walk through to photograph and learn about the animals, the park and the history of the Portage Valley area.				
<u>Bird Treatment & Learning Ctr</u>	6132 Nielson Way	Anchorage	562-4852	
The Bird TLC Education Program has over 25 wild birds available for live presentations. Trained volunteers will take these carefully selected non-releasable wild birds of your choice to your school, organization and events to conduct informative programs on avian ecology and conservation. In addition, Bird TLC runs special events and fundraisers through the the year, check out our calendar for these events!				
<u>Campbell Creek Science Center</u>	6865 Elmore Road	Anchorage	(907) 267-1247	
The BLM Campbell Creek Science Center is an outdoor science education center for people of all ages that encourages interest and participation in the balanced management of natural resources. The BLM Campbell Creek Science Center provides educational opportunities for adults, children, and families as well as meeting space for various groups. The Center offers students of all ages the chance to learn in the outdoor classroom. Visitors have access to creeks, forests, meadows, and a rich abundance of plants and wildlife. Our programs promote awareness, understanding, stewardship, and an appreciation for the natural environment.				
<u>The Eagle River Nature Center</u>	<u>32750 Eagle River Road</u>	Eagle River	694-2108	Open Year Round
<u>Elmendorf Hatchery</u>		Elmendorf AFB	(907) 272-0065	By Request
Salmon Viewing Area Hours Late May through September, 8:00 AM till 10:00 PM. The salmon viewing area is adjacent to the hatchery and provides opportunities to see king salmon from late May through July, and coho salmon August through mid-September. This viewing area can be accessed from Post Road during salmon viewing hours. In addition, Elmendorf Hatchery provides tours for school and community groups in the summer months, and salmon viewing in fall and spring. Tours average about 45 minutes, and the hatchery requests at least one week's notice. Limited times are available for individual tours. Call the hatchery at (907) 272-0065.				
<u>Mann Leiser Greenhouses</u>	1321 Lidia Selkregg Lane	Anchorage	343-4717	Open Year Round
The greenhouse as tropical greenhouse is open for public viewing 8am to 3pm seven days a week, is disabled accessible, has a fish pond & small aviary, has self guided tour books available and is especially suited for elementary school-age children				

Dance and Tumbling

<u>Alaska Center for Moving Arts</u>	12551 Old Glenn Highway Eagle River Mini Mall next to Car Quest Auto Supply	Eagle River	694-8915
The Alaska Moving Arts Center, Inc. is a nonprofit organization. The Center provides family and community oriented activities, and offers a wide variety of classes from martial arts to ballet, from aerobic kickboxing to preschool activities.			
<u>Alaska Dance Theatre</u>	2602 Gambell Street	Anchorage	277-9591
Alaska Dance Theatre, Inc. (ADT), founded in 1981, is the premiere nonprofit dance organization in Alaska. ADT's mission is to promote dance through professional education, performance and advocacy in Alaska and to provide a recognized artistic element within the dance community for local and visiting artists to expand their creative talent while nurturing discipline, confidence, fitness and the experience of movement.			
<u>Alaska Fine Arts Academy</u>	11431 Business Blvd., Suite 401	Eagle River	694-8909
The Academy is a for the teaching for the fine arts, including but not limited to music, dance, drama, painting, drawing, sculpture, and other visual arts.			
<u>Anchorage Classical Ballet Academy</u>	501 W International Airport Rd	Anchorage	
The Academy provides professional instruction to aspiring professionals and recreational dancers in the community of Anchorage and beyond.			
<u>Anchorage Gymnastics Assoc</u>	525 W Potter Dr	Anchorage	563-3041
The Association offers a variety of gymnastics and educational services. From pre-school to high school, AGA is Alaska's premier gymnastics related organization.			
<u>Arctic Gymnastics Center</u>	3330 Arctic, Warehouse B	Anchorage	
The Center offers recreational and competitive gymnastics			
<u>Children's Dance Theatre</u>	4000 W Dimond Blvd	Anchorage	248-6251
Offers Ballet and Jazz instruction			
<u>Irish Dance Academy of Alaska</u>	4105 Turnagain Blvd., Suite E	Anchorage	566-2566
The Irish Dance Academy connects Irish dancing to the community through educational opportunities for school-aged students, families and the general public. Performances are given to inspire, entertain and provide cultural enrichment.			
<u>Little Gym</u>	1120 Huffman Rd	Anchorage	345-0093
Little Gym is children's fitness center working with children from 4 months to 14 yrs. Programs include movement, music, gymnastics, sports, exercise, games, listening and cooperation.			
<u>Northern Lights Celtic Dancers</u>	10616 Flagship Cir	Anchorage	344-2562
The mission of Northern Lights Celtic Dancers (NCLD) is to promote Irish Dancing in the form of step dancing, Ceili dancing, and team dancing. Dancers have the opportunity to learn solo and team dances.			
<u>Stars Dance Studio</u>	12330 Old Glenn Hwy # 6a	Eagle River	696-4427
<u>Sunshine Generation</u>	6634 Lake Otis Pkwy	Anchorage	344-9108
<u>Sunshine Generation</u>	17757 Chilkat Ct	Eagle River	694-6356

The Kinship Caregivers Resource Guide is provided by Volunteers of America, Alaska, and the Grandparents Network Program. Our motto is to honor, support and empower Alaska's Grandparents raising grandchildren.

We make every effort to keep the information included in this booklet current and accurate. If you notice information that is out-dated, missing or incorrect, or if you have knowledge of a resource that would benefit relative caregivers, please contact us:

Anchorage, AK: 907-522-9866

E-mail: grands@voaak.org

Toll Free: 1-888-522-9866

Fax: 907-276-5489

Grandfamilies Network Program funding provided by the State of Alaska, Department of Health and Social Services, Division of Senior and Disabilities Services to offer:

- Statewide Information and Referral
 - Statewide toll-free Warm Line
 - Monthly newsletters
 - Monthly support group meetings
 - Resource library
- Limited respite funds for custodial grandparents, age 55-years or older



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