

### Well-Child Exam / Immunization Recommended Schedule

Age of Child	Regular Checkup	Immunization Schedule*	Dental Visits	Vision Exams
1 month	✓	✓		
2 months	✓	✓		
4 months	✓	✓		
6 months	✓	✓		
9 months	✓			
12 months	✓	✓		
15 months	✓	✓		
18 months	✓			
2 years	✓	✓		
3 years	✓		✓ (2 / yr)	
4 years	✓	✓	✓ (2 / yr)	
5 years	✓		✓ (2 / yr)	✓
6 to 20 years	✓ (every other year)	✓	✓ (2 / yr)	✓

Note: The dental or visual exams may be earlier if needed, then each year thereafter. \*Immunizations needed according to child's immunization record.

## **IMPORTANT INFORMATION FOR RESOURCE PARENTS:**

All children in OCS custody are required to have an EPSDT well-child exam within thirty (30) days of being placed in out-of-home care. **EPSDT stands for Early Periodic Screening Diagnosis and Treatment Program.** Make sure you get a copy of the results of the exam back to your social worker to be included in the file and to show that this exam was completed. If a child is coming into your home from another foster home, talk to the social worker to find out when the last well child exam was done. The EPSDT well child exam should include the following things:

- A comprehensive developmental history;
- An unclothed physical examination;
- Vision, Hearing and Dental screening
- Immunizations
- Laboratory tests (if appropriate); and
- Health education for you, the caregiver. (Talk to your provider about any concerns you have about health or behavioral issue.)

Preferably, this exam should be done by the child's regular primary medical provider. If you can't go to the child's previous provider, encourage the child's new provider to talk with their old one to get a medical history. This may need obtaining a Release of Information or ROI. If there are no health personnel in the community qualified to perform an EPSDT exam, your social worker can arrange for Medicaid to pay for the child and an escort to travel to the closest community where an EPSDT exam can be conducted.

When a child is placed with you, determine whether the child's immunizations are current. The immunization record may be attached to the Medical Consent Form. If not, ask the child's social worker for assistance or check with the child's regular health provider. If a child's immunizations are not up-to-date, make sure they are brought up to date during the EPSDT well-child exam.

Find out as much as you can about a child's health history and status. Look for information about a child's

- drug or other allergies,
- any medications the child is taking or medical treatment the child requires,
- immunization history,
- last physical examination, and
- medical provider.

Make sure you have a copy of the Emergency and Routine Medical Consent Form for that child. Keep records of what you were able to find out and what information was not available to you. If you could not get any information, document attempts you made to get the information.

Provide a copy of the EPSDT well-child exam and follow-up recommendations to the OCS social worker to include in the child's file. This is important to meet Federal requirements. Keep copies for your own files.