

BUILDING FAMILIES THROUGH ADOPTION

Welcome back!

ALASKA center for RESOURCE FAMILIES

ZOOM Chat!

Post your answer in the chat box

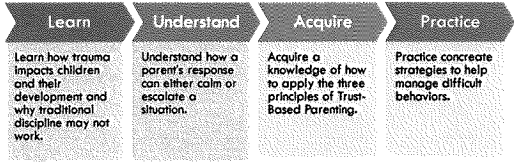
WHEN YOU HEAR THE WORDS "SURVIVAL BEHAVIORS," WHAT DO YOU THINK THAT MEANS?

TRAUMA INFORMED, ADOPTION COMPETENT PARENTING

Session 5:

An Introduction to Trust Based Relational Intervention (TBRI)

SESSION OBJECTIVES





"Here's the important thing to know. A child with low-risk has a window of parenting that is wide, and this child could have a pretty good outcome because they haven't been hurt. But the more harm a child has had, the more narrow the window to parenting to success."

-Dr. Karyn Purvis



VIDEO: TBRI INTRODUCTION



Children
from Hard
Places and
the Brain



CHANGES IN BELIEF SYSTEM AND TRUST (ERICKSON'S STAGE 1)



I am loved
I am precious
I am valuable
My voice matters

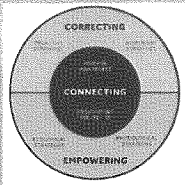


I don't like you
You don't exist
Your needs don't matter
Don't trust adults
You are on your own
You are unlovable
You are defective

ACTIVITY




TBRI PRINCIPLES



Connecting: Communicating safety and building nurturing relationships.

Empowering: Meeting environmental and physical needs.


Correcting: Proactive and Responsive Strategies



Communicating safety and building nurturing relationships.

CONNECTING PRINCIPLE

Watch video and put in the chat box:
How is the father building trust, safety, and relationship with his son?





Meeting environmental and physical needs.

EMPOWERING PRINCIPLE

STAY *CALM* – THINK *FAST*

- Celebrate their need
- Attend to the need
- Look for fear
- Mentor their brain



STAY *CALM* – THINK *FAST*

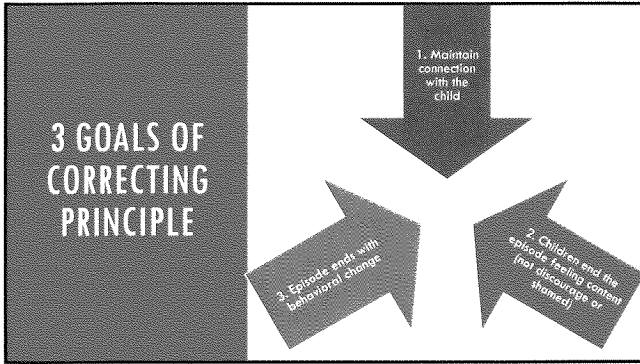
- Food
- Activity
- Sensory
- Tired, thirsty, transition





Proactive and
Responsive
Strategies

CORRECTING PRINCIPLE






CORRECTING: TWO SETS OF STRATEGIES


1. Proactive and Preventative Playful Teaching
2. Responsive and in the moment: The IDEAL Response





"Too often we forget that discipline really means to teach, not to punish. A disciple is a student, not a recipient of behavioral consequences."
DR. DAN SIEGEL

PLAYFUL OR PUNITIVE

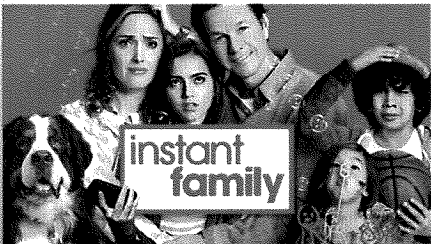




Scientists have recently discovered that it takes approximately 100 repetitions to create a new response in the brain. Address it more with play, in which each takes 100 repetitions." - Dr. Mary Pipher



			
Choices	Re-dos	Compromises	Life Value Terms

TBRI PARENT POWER TOOLS!




INSTANT FAMILY





INSTANT FAMILY ACTIVITY

- ❖ How can you apply the Connecting Strategies?
- ❖ How can you apply the Empowering Strategies?
- ❖ How can you apply the Correcting Strategies?



"An Adoptive Family is a remarkable environment for healing from emotional and physical traumas and can reverse developmental deficits."

TBRI RESOURCES

Website:

- <https://www.octf.org/self-study/self-study-resources/tbri-resources>

Books:

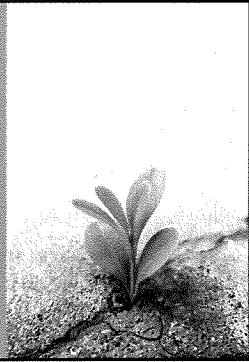
- *The Connected Child* by Karyn Purvis
- *The Connected Parent* by Karyn Purvis and Lisa Qualls

DVDs through TCU Institute of Child Development

- *Facilitating Behavior Change*
- *Empowering, Connecting and Correcting Principles*
- *Playful Interaction*
- *Attachment: Why it Matters*
- *A Sensory World*
- *Healthy Touch*

COURSE REVIEW

- Session 1:** Beginning Connections
Exploring Motivations and Expectations in Adoption
Trust, Attachment and Development
- Session 2:** At the Heart of Adoption
Grief and Loss
- Session 3:** Talking About Adoption throughout Development
- Session 4:** Identity and Adoption
- Session 5:** Trauma Informed Parenting with TBRI



COURSE EVALUATION POLL

THE END OF CLASS... BUT THE BEGINNING OF YOUR JOURNEY!

You are not alone... Your ACRF Adoption Team

- Brenda Ursel-** Adoption Support (Anchorage)
 - Melody Jamieson-** Adoption Support (Fairbanks/Northern AK)
 - Erin Monarch** – Adoption Support (Southcentral, Southeastern, Western)
 - Karissa Hughes-** Adoption Resources - Fairbanks
- Alaska Center for Resource Families** www.acrf.org
1-800-478-7307
