

Rising to the Challenge



Sessions for Adoptive Parents on Perplexing, Challenging, and Difficult Behaviors

First Monday of the Month from Noon to 2 p.m. On Zoom.

Sponsored by the Alaska Center for Resource Families Post Adoption and Guardianship Support Project

Richard Delaney, PhD, is an internationally known trainer of foster, kinship and adoptive parents. He is the co-founder of and a principal contributor to FosterParentCollege.com®. Dr. Delaney is the author or co-author of several books including *Fostering Changes: Myth, Meaning, and Magic Bullets in Attachment Theory*; *The Healing Power of the Family*; and (with James M. Kagan, MD) *A 3-D View of Foster, Kinship, and Adopted Children*. He uses humor and years of experience of working with families to offer sensitive, trauma informed and practical guidance for foster and adoptive families struggling with tough behaviors.

Presented by Dr. Rick Delaney and held on Zoom. Each session features 1.5 hour of presentation and .5 hour of Question and Answer. For those unable to attend, each session will be available for review for one month after the presentation. Register to receive the link to attend or view..

Monday, February 7. Noon to 2 p.m.

*Adoption and the Social Brain:
Promoting Social Intelligence and Skills in Kids*

Monday, March 7. Noon to 2 p.m.

*The Pinocchio Complex:
Reducing Fibs, White Lies, and Truth Deficits*

Monday, April 4. Noon to 2 p.m.

Making Peace with the Aggressive Child

Monday, May 2. Noon to 2 p.m.

*The Horn of Plenty:
Reducing Children's Food Insecurities*

Monday, June 6. Noon to 2 p.m.

*Empathy Deficits in Traumatized Children:
Understanding and Supporting Growth in Compassion*



To register, call 907-279-1799 or email acrpsc@nwresource.org with name, address, and phone. Please indicate if you are a foster or adoptive parent.