

Upcoming Training for Foster & Adoptive Parents of Teens

From the Alaska Center for
Resource Families



Health Transitions for Youth into Adulthood



Wednesday, October 14, 2020. Noon to 1 p.m.
Trainer: Joanne Singleton, LCSW, MPH, Public Health Specialist

A practical, common sense workshop on what teens need to learn to do for their health when transitioning into adulthood. Pre-register by emailing acrfsc@nwresource.org or call in early to sign in for training credit.

CALL IN INFORMATION: Call 1-800-944-8766 Participant Code 26867#

Be An Approachable Adult

(Communication Webinar Series for Parents of Teens)

Wednesdays, October 21 & 28. 6 to 8 p.m.

Trainer: Kristin Bogue, UAA Division of Population Health Sciences

October 21st: Be an Approachable Adult Part 1: Getting Comfortable Learn the skills and identify resources to become comfortable discussing sensitive topics as an approachable and supportive adult for your teen.

October 28th: Be an Approachable Adult Part II: What your teen(s) hopes you know. Build a foundation upon which to grow your understanding and comfort speaking with your teen(s) about sexual health and identify available resources to support your desire to be an approachable adult.

NOTE: This series will be on Zoom. To register or for Information, email acrf@nwresource.org or call (907) 279-1799 or 1-866-478-7307 with Names of Attendees, Phone Number, Email, and Provider Number.

