

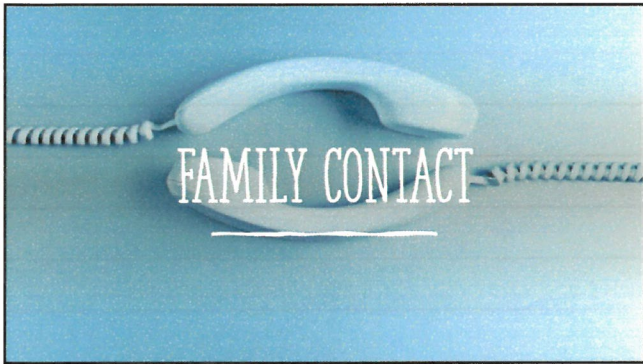
**CORE TRAINING FOR
RESOURCE FAMILIES**

*SESSION SEVEN
FAMILY CONTACT
&
TRANSITIONS*

AK DCS
ALASKA DEPARTMENT OF
HEALTH AND SOCIAL SERVICES OFFICE OF CHILDREN'S SERVICES

ALASKA CENTER FOR
RESOURCE FAMILIES


Written and Produced by the Alaska Center for Resource Families and Funded by the State of Alaska Department of Health and Social Services Office of Children's Services.



FAMILY CONTACT

**FAMILY CONTACT
MATTERS!**

- Stronger Parent Engagement
- Stronger likelihood that the child will return home and stay home
- Helps to maintain a connection to child's culture
- Provides consistency for kids
- Provides opportunities for foster parents and birth parents to connect and build relationships





FAMILY CONTACT DEFINITION

Normalized family contact for children that is least restrictive, most family like setting; parents performing activities as they normally would; parents taking full responsibility for the safety and well-being of their children

FAMILY CONTACT PLAN

- ✓ Level of supervision and reasons for the level
- ✓ Goal of family contact
- ✓ Schedule, frequency, duration, location and participants
- ✓ Suggested activities
- ✓ Instructions for the parent during family contact
- ✓ Procedures for emergencies and special situations.





LEVELS OF SUPERVISION

1. Guided Supervised Family Contact
2. Supervised Family Contact
3. Supported Family Time
4. Unsupervised Family Time

GUIDED
SUPERVISED
FAMILY CONTACT





SUPERVISED
FAMILY CONTACT



SUPPORTED FAMILY TIME

UNSUPERVISED FAMILY TIME



RESOURCE FAMILY'S RESPONSIBILITIES

- 1 Know the family contact plan and support it.
- 2 Ask for an icebreaker if desired.
- 3 Prepare the child for contact (physically and emotionally, transportation).
- 4 Help child separate from parent.
- 5 Record observations or problems.
- 6 Support the child following visits.

TRANSITIONS



When kids move from one placement to another, whether it is reunification with the birth family, another foster placement, or adoption.

WHAT DO CHILDREN NEED AT THE TIME OF THE MOVE?



