



WHAT DO THE STATE OF ALASKA FOSTER CARE REGULATIONS SAY IS NOT ALLOWED IN A LICENSED FOSTER HOME?

No discipline or behavior management technique may be used that is cruel, humiliating or otherwise damaging to the child.

A child in care may not be:

- (1) Removed from the other children for more than 10 minutes if a young child
- (2) Disciplined in association with food or rest;
- (3) Punished for bedwetting or actions in regard to toileting or toilet training
- (4) Subjected to discipline administered by another child;
- (5) Deprived of family contacts, mail, clothing, medical care, therapeutic activities designated in the child's plan of care, or contact with the child's placement worker or legal representative
- (6) Subjected to verbal abuse, to derogatory remarks about the child or members of the child's family or to threats to expel the child from the foster home;
- (7) Placed in a locked room
- (8) Physically restrained, except when necessary to protect a young child from accident, protect persons on the premises from physical injury, or protect property from serious damage and then only passive physical restraint may be used; or
- (9) Mechanically restrained, except for protectiveness such as seatbelts
- (10) Chemically restrained, except on the order of a physician

No form of corporal punishment may be used on children in care. This includes no slapping, hitting, spanking, grabbing by the arm or hair, hitting the head, shaking, or any form of punishment that brings physical pain to a child.